



Joining Year 7 at Parmiter's School

**WELCOME TO THE
FAMILY**



Pastoral Support Network

Form
Tutor

Form
Tutor

Form
Tutor

Form
Tutor

Form
Tutor

Form
Tutor

Form
Tutor

Form
Tutor

Matron

Head of Year

Deputy Head of Year

Pastoral Support
Base

Head of Key Stage 3

Deputy Head Teacher

We are responsible for **nurturing the social, emotional, and personal development** of the year 7's,

Nemo sibi nascitur: Our values of community, aspiration and opportunity enable every individual to grow and flourish



The power of partnership
This all works when we work together



To help you understand what this looks like in practice at Parmiter's, we view partnership through these key pillars:

- **Communication and Responsibility:** Partnership means staying connected through our secure **SIMS InTouch** system. It also means helping your child build independence; for instance, if they forget a PE kit, the **student should be responsible** for collecting it themselves.
- **Holistic Wellbeing:** We are partners in **nurturing your child's social, emotional, and personal development**. For our **Pastoral Support Network** to be effective, we rely on you to keep us informed of any medical issues or changes in home circumstances that might affect your child's day.
- **Academic Support and SEND:** For students with specific needs, partnership involves a clear exchange of information. We need you to provide all **diagnosis paperwork** so our Curriculum Support team can tailor the right environment for your child from day one.
- **Digital Safety:** This is perhaps our most critical area of shared responsibility. While we provide guidance at school, we rely on you to **monitor your child's mobile phone and social media use**, particularly on WhatsApp. We must work together to ensure their digital footprint remains positive, as parents must take full ownership of online incidents occurring outside of school hours
- **Commitment to Attendance:** Finally, partnership means a shared 'every day counts' philosophy. We aim for **96% to 100% attendance** because we know that early, consistent attendance builds the necessary foundation for success in later grades.

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How to communicate with the school

- If your child is unable to attend school due to ill health, the absence should be reported via the school's 24 hour absence line on 01923 665719 or email the Attendance Officer (attendance@parmiters.herts.sch.uk). Absences should be reported daily by 8.55am. For further information about attendance and reporting absences, please click [here](#).
- Please keep the school informed of any medical issues, changes in home circumstances, etc.
- Parmiter's operates a secure electronic system known as SIMS InTouch to contact parents/carers and students via email and text message. Most letters sent out to parents/carers can be found on the school website under the 'Parents - Letters to Parents' tab or click [here](#).
- Students who have forgotten items they require for the school day (e.g. PE kits, Chromebooks, etc.) can, if absolutely necessary go to Reception to request a call home and items can be dropped at Reception by parents/carers. Students will be responsible for collecting these items from Reception and will not be reminded to do so. We do not have the capacity to take individual items to students.



Year Group Structure

- This year students will be transitioning from 97 Primary Schools
- 219 new Year 7 students will start in September 2026. Students will be split into 8 form groups of approximately 28. The Year Group is split into two halves;

A	B	C	D
E	F	G	H

- Students are taught in their form groups for their lessons for the entire school year, with exception to D&T and PE where they will be mixed on a carousel of modules (within half year groups) e.g. 7a/b would be a mixed group in PE

The School Day



The school day starts at 8.30am and ends at 3.20pm. The school bell will ring at 8.30am and all students should be on site. Students are required to line up outside their form rooms as soon as the bell goes, morning registration starts at 8.35am. Students can arrive on the school site from 8.00am onwards and breakfast is available to purchase in the canteen.

8.35am	Registration (Assembly once a week)
8.55am	Period 1
9.55am	Period 2
10.55am	Morning Break
11.20am	Period 3
12.20pm	Period 4
1.20pm	Lunch
2.20pm	Period 5
3.20pm	End of school

Students move from lesson to lesson, so that's five times a day!



How can you get to school?

- We encourage our students to walk or cycle to school where possible and there we provide a bike storage area by reception. If a student rides they **must** wear a helmet, dismount and walk their bike into school at the main gate and lock it up safely.
- High Elms Lane is incredibly busy, if you travel by car you will be ‘dropped off’ at the turning circle and enter via the student gate.
- Parents & carers are not permitted to enter the school in their vehicle unless there is a specific need to speak to the receptionist or attending a meeting.
- Students taking a school bus will arrive at the Sports Centre car park where they will dismount. School buses will leave the Sports Centre car park at 3.30pm promptly.



Year 7 Curriculum Subjects

Maths	English	Computer Science	Geography	French
P.E.	History	D&T	Art & Textiles	Drama
Science	The Parmiter's Learner	Music	Personal Development	RS (Religious Studies)



Year 7 Timetable: Week 1 &2

Timetable Week 1

Subject
Form group letter (a-h)
Teacher
Room

	1Mon	1Tue	1Wed	1Thu	1Fri
1	French 7F/Fr1 Mrs M Pescaru ML1	Computer Science 7F/Cs1 Ms A Merchant IT2	Drama 7F/Dr1 Miss M Alidjan WDS	Maths 7F/Ma1 Mrs S Mirchandani MA2	Geography 7F/Gg1 Mr H Bunce G3
2	Great Big Read 7F/Br1 Mrs D Mullett LRC	English 7F/En1 Miss R Irwin E6	English 7F/En1 Miss R Irwin E6	RS 7F/Rs1 Mr B Poulton PRE2	Science 7F/Sc1 Miss I Keane S6
3	English 7F/En1 Miss R Irwin E6	PE 7B/PE/B2 Mr T Clark SPH	D&T 7ef/Te3 Mrs F Diegnan DT7	Art 7F/Ar1 Mrs E Shaw AR3	Maths 7F/Ma1 Miss R Legg MA6
4	Maths 7F/Ma1 Mrs S Mirchandani MA2	French 7F/Fr1 Mr J Hornby ML3	French 7F/Fr1 Mrs M Pescaru ML1	PE 7B/PE/B2 Mr T Clark SPH	Music 7F/Mu1 Dr J Tyack MU4
5	Science 7F/Sc1 Miss I Keane S5	Personal Dev 7F/Pl1 Miss C Burnham P1	Science 7F/Sc1 Miss I Keane S7	Music 7F/Mu1 Miss I Birley MU4	History 7F/Hi1 Miss H Gunning H1

Diagnosis Paperwork

Medical

Matron

Mrs Craigie, is responsible for the health and wellbeing of students and is part of our Safeguarding Team

Medical queries and paperwork
admin@parmiters.herts.sch.uk

SEN

Curriculum
Support

If you haven't already done so please send diagnosis paperwork so we can support your child.

You can view the Herts Local Offer, our SEND Policy, SEN Information Report and Signposting on our school website

sendept@parmiters.herts.sch.uk



Transition Day - Summer Booklets



A growth mindset approach
Tutor Group Transition Booklet

Full Name

What name do you like to be known by

1

Summer Transition Booklets
Work to be completed over
the summer.



Enrichment Days 23 July - 24 July 2026

- Become familiar with the school layout
- Make new friends
- Be creative
- Learn new knowledge and skills
- Have fun!
- Especially important for those students who may be feeling particularly anxious about starting secondary school.
- Children are put into small groups on a carousel of taster sessions.



Why come on a Rootd Adventure?

Team Building in the Woods

- 2 days/1 night
- Action packed
- Parent Guide



Resilience, Friendship & Fun!

Fostering early connections, teamwork and community.

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Helping us protect your child online

The use of social media is constantly developing and growing. Social media is capable of much good, but it can also be dangerous and harmful. How your child uses it can cause untold hurt and distress, especially if not used correctly. There are some very useful infographics **from The National College online safety website**, which will give you some important information regarding your child's use of social media and some areas for discussion.

- Please pay particular attention to the information provided on **Whatsapp** and **Group Chats**
- We urge you to regularly check the content on your child's mobile phone and speak to them openly about their online interactions.
- Incidents that take place online out of school are not within the schools jurisdiction to take action unless there are repercussions of that incident within the school day. Parents must take full ownership for their child's digital footprint.
- - You can find advice regarding social media platforms and age restrictions [here](#).



Every Day Counts -

What constitutes good attendance?

Attendance percentages need to be in the high nineties before it can be considered good. 90% might seem good but is equal to 1 day missed per fortnight. If this continues from Years 7 to 11, a total of six months' education will be lost.

100% =excellent attendance; 98% = very good attendance; 96% = good attendance

90% When we start to address any barriers

Every day in school builds upon the previous day's lessons.

Early consistent attendance helps build a strong foundation in all subjects, which is essential for success in later grades and beyond.

Frequent absences can lead to feelings of disconnection, isolation, and anxiety.



If there are any further questions following your visit
please contact the year 7 team: year7@parmiters.herts.sch.uk



Co-Curricular Enrichment

Parmiter's School is immensely proud of the scale and range of its [co-curricular](#) experience.

From the onset of Year 7 we encourage our students to engage in a variety of activities during their lunch hour.

Timetables are seasonal and termly co-curricular activities start after the **second** week of each term. The timetable will be available on the parents section of the [school website](#) and students will be kept up to date with details of how to sign up in the daily notices.



socs

School Online Communication System club registration

Students can synchronise their SOCS clubs calendar with their personal Google calendar to receive live updates about clubs, fixtures and one-to-one music lessons. Any changes made to clubs or fixtures will be automatically updated and visible in the calendar.