

Headteacher's message

Welcome to our latest InForm newsletter, marking the end of a remarkable first half term of the academic year. We hit the ground running in September, and I am filled with immense pride reflecting on how our students have embraced every moment with energy, curiosity, and ambition. At the heart of everything we do is our motto, Nemo Sibi Nascitur: "No one is born for themselves alone" and our core values of Community, Aspiration, and Opportunity. This half term has provided countless examples of how these principles come alive daily, empowering every student to grow and flourish.

Community

Fostering a strong sense of community begins on day one. We have been delighted to welcome our new Year 7 and Year 12 students into the Parmiter's Family, guiding their transition through dedicated induction programs. Our Year 7s quickly built lasting bonds during their Root'd team-building trip, while our Parents' and Carers' Association (PCA) hosted a delightful Cheese and Wine Evening, alongside the Year 7 Disco, to welcome families into our community. Our Sixth Formers also shared a well-deserved evening of camaraderie at their welcome bowling event.

Bringing prospective families into our vibrant school community during our Sixth Form Open Evening was equally rewarding. During this event, I spoke with pride about the essential role our PCA plays, from hosting second hand uniform sales to supporting school life. We look forward to seeing many of you at the PCA Christmas Gift Fair at school on Saturday 21 November.

Opportunity

Providing rich, world-expanding opportunities inside and outside the classroom remains a cornerstone of a Parmiter's education. Our staff have worked tirelessly to coordinate extraordinary trips and field studies.

Students immersed themselves in language and culture during trips to Valencia and the Rhineland. Art students drew creative inspiration from Cornwall and visits to the Tate Gallery, while Geographers conducted vital fieldwork along the Jurassic Coast.

Students also deepened their academic horizons with trips to the Freud Museum and attended a deeply moving presentation by October 7 survivor Ariel, hosted by JSOC.

Cultural trips flourished, with students attending West End productions, including Witness for the Prosecution, Hamilton, My Neighbour Totoro, Beetlejuice, and The Play That Goes Wrong. Our Duke of Edinburgh Award scheme continues to thrive, with Gold Award students completing their final expedition in the Yorkshire Dales and Silver Award students successfully tackling the Peak District.

As this half term closes, we wish safe travels and wonderful experiences to our students and staff setting off on trips to Washington DC, York, and Northumberland!

Aspiration

Aspirational thinking drives our academic culture. Year 11 students engaged in Elevate Education Day alongside a supporting Parents' and Carers' Seminar, and families joined us for our Personal Development Information Evening. Older students explored future pathways at the University and Apprenticeship Fair, while our mathematicians tackled the rigorous UKMT Senior Maths Challenge, and diplomats in the making represented the school at Model United Nations at Highgate School.

We celebrated landmark achievements at Senior Speech Night, where guest speaker Jordan Parkes, Old Parmiterian, former Watford FC professional footballer, and founder of JPPro delivered an inspiring address. Using a clever "Snakes and Ladders" analogy, Jordan shared insights into navigating life's opportunities and setbacks, reinforcing the resilience our students continually demonstrate as they pursue their career and life goals.

The spirit of Nemo Sibi Nascitur is most evident when our students use their talents to serve others and engage in school life. Our students organised impressive Charity Fundraising events supporting Great Ormond Street Hospital (GOSH) and The OLLIE Foundation and continue to lead a range of societies and co-curricular clubs for each other.

This offer has also allowed audiences to enjoy a fine Guitar Recital, and our Book Fair sparked brilliant literary discussion.

Notable achievements include Anay representing State Schools against the MCC at Lord's Cricket Ground, alongside achievements in Fencing and Ski Race Competitions. You can catch up on all the action and individual highlights through our podcast, From The Pitch to The Pod, available on Spotify.

A full breakdown of our educational visits, societies, drama productions, sports fixtures, and music ensembles can be found in our comprehensive Co-Curricular Guide here.

Finally, I must extend my heartfelt thanks to our teachers and support staff for creating such a rich learning environment, and to our parents and carers for their unwavering support. Most of all, I congratulate our students, your children, for approaching their studies and co-curricular opportunities with diligence, joy, and purpose.

Have a restful and rejuvenating half-term break. We look forward to welcoming everyone back refreshed and ready to embrace the many opportunities ahead as we approach the Christmas season and continue to grow and flourish together!

Nemo Sibi Nascitur.

A Smith
Headteacher

The **Parmiter's Prayer Group** has been supporting the school community in prayer since the early 1980s. Originally set up by two teachers, it is now run by parents for parents and carers of students at the school.

We are a Christian prayer group that believes the God of the Bible hears and answers prayer. Our members come from a range of Christian traditions, but we warmly welcome anyone—whether from another faith or none—who is happy to support us.

We usually meet two or three times each term.

If you would like to know more about the group or join our mailing list, please email us at parmitersprayergroup@gmail.com . We will only add you to the mailing list if you specifically request it, and you may unsubscribe at any time.

We look forward to hearing from you.

Nick and Cherry Weir, and Laurence Everitt
Parmiter's Prayer Group Co-ordinators

Diary Dates:

Monday 2 November: Second Half begins
Thursday 5 November: Year 11 Consultation Evening
Friday 6 November: Plugged In 5
Thursday 12 November: Singers and Pianists Evening
Friday 13 November: Old Parmiterians (Garston) reunion at The Unicorn, Abbots Langley from 7pm
Saturday 21 November: Christmas Gift Fair
Tues 24 November: Gymnastics and Cheer Display
Friday 27 November: Queen's Holiday (School closed)
Wednesday 2 - Saturday 5 December - Oliver!
Wednesday 9 December: Year 13 Consultation Evening
Tuesday 15 December: Carol Service, St Lukes, Watford
Thursday 17 December: Students' Christmas Lunch
Thursday 17 December: Peter Pan, Watersmeet Theatre
Friday 18 December: End of Term (Midday)

Monday 4 January 2027: Spring Term begins



As we say goodbye to what has been a wonderful summer and welcome the cooler autumn days, it's hard to believe we're already approaching half-term! It's been a busy and exciting start to the academic year for the PCA, and I'd like to share some highlights and, most importantly, say a few well-deserved thank yous.

A Wonderful Start to the Year

We kicked things off with our **Year 7 Cheese and Wine Evening**, welcoming our newest parents and carers into the Parmiter's family. It was a fantastic evening, bringing people together, making new friendships and showing what our school community is all about. A huge thank you to everyone who helped make it such a success!

Our **Pre-Loved Uniform Sale on 3 October raised over £750!** A brilliant result that not only supports the school but helps families save money too. Thank you to our wonderful volunteers who helped prepare, set up and run the sale. A special shout-out to Mai and her team, who also tackled the mammoth task of clearing out the PCA cupboard. Not all heroes wear capes, some come armed with bin bags!

Thank You and Welcome – Our PCA Committee

At our AGM on 30 September, we saw some changes to our committee. Tina Canning stepped down as Vice-Chair, with Linda Cooney and Charlotte Gashi taking on the shared role. Ozana Dragomir, our Treasurer for many years, also stepped down, handing over to Gaurav Shrestha.

To Tina and Ozana, a heartfelt thank you. Your dedication, generosity and countless hours of volunteering have helped make the PCA a stronger organisation, setting a wonderful example for those following in your footsteps.



To our new committee members, welcome! We're delighted you've stepped forward and look forward to the fresh ideas, enthusiasm and skills you bring.

Our committee also includes Linda Cooney and Reena Patel-Parma sharing Secretary responsibilities, Rina Smith leading Communications, Denise Scott overseeing Sponsorship, Grants and Fundraising, and Mai Pang leading Pre-Loved Uniform, alongside many other fantastic volunteers.

Christmas Gift Fair – Saturday 21 November! – Put This in your Diary today!!!

With Christmas fast approaching, preparations for our biggest event of the year are well underway!

Requests for Bottle and Chocolate Tombola donations are going out, alongside our Amazon Wish List.

This year, we're particularly excited to welcome **Mulburries** as our Christmas Fair sponsor! A huge thank you to the Mulburries team for their generous donation, help with advertising and commitment to joining us on the day. We're looking forward to working together!

We still need your help to make this our best Christmas Fair yet. **Gift vouchers, luxury hampers, experiences or other prizes** for our Grand Prize Draw would be greatly appreciated.

And, of course, **we need volunteers!** Whether you can spare an hour or more, every little bit helps. Please keep an eye out for our communications and get involved where you can.

To donate, volunteer or join the PCA, email pa@parmiters.herts.sch.uk

Finally, Thank You!

The PCA is about so much more than fundraising. It's about bringing people together, supporting our children and strengthening our school community.

To every parent, carer, volunteer and committee member: thank you for your time, energy and generosity. Whether you volunteer for an hour, donate to an event or simply join us, you help make the Parmiter's community truly special.

We wish you and your families a wonderful half-term. Enjoy the autumn colours, stay warm, and we hope to see you at our Christmas Fair on 21 November!

With warmest wishes,

Greg Longmore (Chair)
& the Parmiter's PCA Team








Sixth Form Freshers' Fair

Our annual Freshers Fair took place at the start of September, this year relocated to the Conference Centre that offers more space to enable our Year 13s to showcase what is available and give our new Year 12 students the opportunity to sign up to groups that interest them.

It was very busy, as always, and there was an amazing buzz as new students chatted to Year 13 leaders, asked questions and signed up if they wanted to give something a try. There were so many options to choose from, as we are lucky to be able to host and offer a choice of 48 societies!

The Freshers' Fair is an inclusive and exciting celebration of the diverse interests of our Sixth Formers. Students share co-curricular and super-curricular options to ensure that there is something for everyone, and if not, students can make a new proposal and start a brand new society.



School Charity Fundraising 2026-2027

This academic year, the school's Charity Committee is raising funds for two incredible charities, **Great Ormond Street Hospital** and **The Ollie Foundation**. Both charities were nominated by the student community for specific reasons, and GOSH, in memory of one of our students.

There are already a number of events planned across the school year that will take place during the school day, hosted by different year groups.

The first event held by the Sixth Form was their September Fundraising Festival. This consisted of a Bake Sale at break and lunchtime on the Plaza and playground, with stalls run by each of the eight Year 13 Form Groups ~ Human Slot Machine, Cornhole, Penalty Shoot Out, Blind Boxes, Hula Hoop Challenge, Guess the Number of Sweets in a Jar, Beer Pong (without the beer!), Chopstick a Duck and a brilliant tombola stand. The day was a huge success, and lots of fun was had in the sunshine, raising an amazing £715, which will be split 50/50 between the two charities.

Other events include the Year 9 Charity Project, being hosted on 20 and 21 October, with each of the form groups running stalls and challenges each lunchtime in the Sports Centre. After the half-term holiday, we have a Thrift Event planned for Tuesday 10 November, and leading up to Christmas there will be further events that students across the school will be able to get involved with.

GREAT ORMOND STREET HOSPITAL CHARITY

THE OLLIE FOUNDATION
ONE LIFE LOST IS ENOUGH

Parmiter's New Sixth Form Apprenticeships Support Programme

As the option of a degree apprenticeship is explored by more of our students each year, the Sixth Form team has introduced the Parmiter's Apprenticeship Support Programme.

The programme includes four main components;

1) Making Applications and Searching for Opportunities
2) Apprenticeship Interview Preparation
3) Mock Assessment Centre
4) Mock Interview Practice

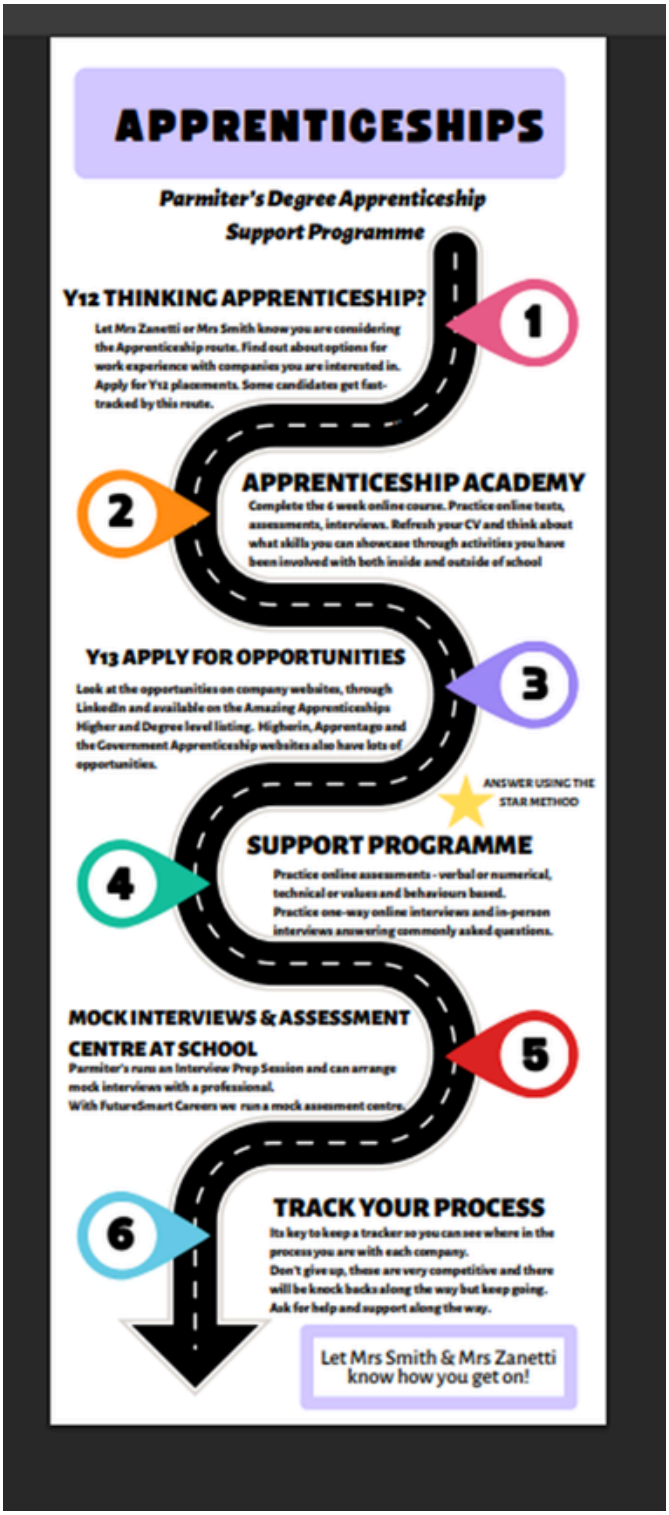
Sessions are held for those students in Years 12 and 13 keen to pursue this option after A levels. Assisting Mrs Smith and Mrs Zanetti, is Roberta Adwumni, a former student now doing a Digital and Computer Science degree apprenticeship with JP Morgan, and two Year 13 students who currently hold apprenticeship offers.

Reinforcing presentations delivered during the Futures Days in July, we also recommend that students join the Apprenticeship Academy online programme if they are considering this option. Parmiter's is a partner school for this, so it's completely free for our students.

In November, as well as offering students the opportunity to undertake a Mock Interview with an expert/specialist in their chosen career sector, we will be hosting another Mock Assessment Centre with Suzy Ross from FutureSmartCareers. This will be a fantastic opportunity for both Year 12 and Year 13 students to engage in a simulated recruitment Assessment Centre and learn first hand what employers are looking for.

The Amazing Apprenticeship Higher and Degree Listing is one of the best places to see what opportunities there are, as well as the Government apprenticeships website and also the UCAS website.

In the summer of 2026, we had 10 students take up degree apprenticeships with some of the UK's top companies. This was the first time Parmiter's school has reached double figures for these competitive positions!



Enrichment

What a busy and exciting first half term it has been for enrichment and co-curricular activities at Parmiter's! From sports events and musical performances to academic societies, creative clubs and opportunities to develop leadership skills, our students have continued to make the most of the opportunities available beyond the classroom.

Our enrichment and co-curricular programme plays an important role in the Personal Development of our Parmiterians. It gives them an opportunity to discover new interests, develop existing talents, build friendships and develop the confidence, resilience and skills that will support them well beyond their time at school. It has been a joy to see so many students getting involved, trying something new and demonstrating real commitment to a variety of activities.

One of the most exciting aspects of our enrichment programme is the breadth of opportunities available to students and the enthusiasm with which they embrace them. Our SOCS co-curricular system enables us to monitor participation across the school and provides a valuable insight into how students are engaging with opportunities beyond the classroom.

The figures from this half term demonstrate just how much is happening across Parmiter's:

- 203 co-curricular clubs, societies and activities available to students.
- 1077 students have attended at least one enrichment activity.
- 89 students have attended Key Stage Three Netball which is currently leading the way with attendance.
- 77 sports fixtures have been played across 6 different sports
- Music has recorded more than 600 attendances this half term.
- 63 members of staff currently offer their time to run an activity

Behind these figures are students wishing to learn something new, develop a skill, build a friendship or discover an interest.

We will continue to use SOCS to monitor participation, recognise commitment and identify opportunities to make our enrichment programme even more accessible and engaging for all students. I am always looking for ways to develop our provision so please do get in touch with ideas on how we can continually develop.

Our sporting programme has once again been in full swing, with students representing Parmiter's across a wide range of sports. Please read the PE department's report for further information. I have enjoyed seeing the students enthusiasm and thirst for sports clubs and with 33 on offer each week, as well as 30 different dance clubs, the atmosphere has been electric. The annual Performing Arts Show and Gymnastics and Cheer showcase are both on the horizon, so watch this space for more information!

Music continues to provide an exciting range of opportunities for students to perform, collaborate and develop their talents. Through our ensembles, choirs, instrumental groups and individual musical opportunities, students have been able to share their enthusiasm for music and continue to develop their confidence as performers. There are several concerts coming up this half term, culminating in the famous Christmas Concerts. Special congratulations to Alma Nunez Debretenzi who has made it to the Grand Final of the BBC Young Musician Competition. You can hear her talk about her experiences on our very own in-house Podcast 'Parmiterians in the Pod'.

Meanwhile, preparations for our school production of Oliver! are well underway. Rehearsals have been taking place, with students working hard to bring this much-loved musical to life. With the actors and musicians working together, it promises to be a culmination of talent and I have no doubt they will all WOW on stage!

Across the school, a varied range of co-curricular clubs has been providing students with opportunities to explore new interests and develop skills in different ways.

Our creative clubs, including things such as Arts and Crafts, Lego and Textiles, give students the chance to experiment, develop practical skills and express themselves creatively.

Meanwhile, Maths clubs provide opportunities to tackle challenging problems, develop logical thinking and enjoy mathematics beyond the classroom.



For students who enjoy discussion, argument and current affairs, Debate Club and Model United Nations (MUN) offer valuable opportunities to develop public speaking, research and critical-thinking skills. These activities encourage students to consider different perspectives, articulate their ideas and engage thoughtfully with the world around them.

Our famous Attenborough Club also provides students with the opportunity to explore nature, helping to nurture curiosity and a wider appreciation of the natural world. It was brilliant to have Stuart Edmondson visit a few weeks ago where he addressed the group on his experiences of Shark Tagging!

These are just some examples of the many activities available. Whether students are developing a creative talent, exploring an academic interest or trying something entirely new, there is something for everyone to enjoy.

Regular participation in enrichment takes commitment, organisation and perseverance. Whether students attend a weekly club, represent the school in sporting fixtures, take part in rehearsals or contribute to a society, their involvement helps make Parmiter's such a vibrant community.

Using our SOCS attendance data, we are delighted to recognise the students with the highest recorded enrichment attendance in each year group this half term.

- Year 7: Victor Dimitrov – 25 activity sessions attended
- Year 8: Cecily Moriarty – 26 activity sessions attended
- Year 9: Tilly Gardner – 21 activity sessionsattended
- Year 10: Martin Dimitrov – 29 activity sessions attended
- Year 11: Jonah Jones – 38 activity sessions attended

Whilst these students lead the way, we also want to celebrate every student who has attended a club, tried a new activity or contributed to an enrichment opportunity this half term. While these individual recognitions highlight exceptional commitment, the wider success of our programme lies in the participation, enthusiasm and contribution of students across the school.









Enrichment is not simply an addition to the school day. We genuinely believe it is an important part of the student experience at Parmiter's. It provides opportunities for students to discover what they enjoy, develop their strengths, challenge themselves and contribute to our school community in different ways.

Thank you to all the staff who organise and lead activities, the students who participate so enthusiastically and everyone who helps make our enrichment programme such an important part of school life.

We look forward to another busy half term and to celebrating the many achievements, experiences and opportunities that make our school community so special.

Know more, do more, become more.

Mr T Clark, Assisstant Headteacher

Sport

The 2026 - 27 academic year has got off to a fantastic start for sport at Parmiter's School. Across the first half term, 363 different pupils have represented the school across a wide range of sports and competitions. It has been brilliant to see such enthusiasm, commitment and talent on display, with plenty of early-season success to celebrate.

Football

It has been an excellent start to the football season, with 12 of our 13 boys' and girls' teams still competing in the County Cup. There have been some particularly impressive performances across the age groups, with the U13 girls winning both of their opening two matches. The Year 8A team have made a perfect start, winning their first four matches, while the Year 9A team have won four of their first five fixtures. The Year 10A team have also impressed, securing three victories from their opening four matches.

Alongside these results, the commitment shown by both boys and girls at training has been fantastic. The high levels of attendance, effort and enthusiasm have created strong competition for places, making team selection a difficult but positive challenge for staff. We look forward to seeing how the teams progress as the season continues.





Rugby

The rugby season is also underway, with the Year 9 team making an emphatic start. They secured two impressive victories against St Joan of Arc and Queens, winning 38–0 and 35–0 respectively. These performances demonstrated the quality and potential within the group and provided an excellent start to their campaign.

Unfortunately, the team were subsequently knocked out of the School Sports Magazine Cup by a strong Watford Boys' team. Despite this disappointment, the opening victories provide plenty of encouragement for the remainder of the season.



Netball

It has been an enthusiastic start to the netball season, with excellent engagement from students across the teams. In particular, the number of students attending Key Stage 3 netball training has been fantastic to see.

This commitment and enthusiasm provide a strong foundation for the season ahead. With such positive engagement at training, we look forward to seeing the progress made by our players and hope that their hard work translates into some positive results over the coming months.



Badminton

Boys' and girls' badminton continues to go from strength to strength, with participation numbers at their highest ever. Not only has participation increased, but the standard of play has also been exceptionally high, with success across our teams.

Particular recognition goes to our elite boys' and girls' teams, who have entered the County Leagues and are already demonstrating the strength of badminton at Parmiter's. There is plenty of excitement surrounding the potential for a successful National campaign this year!

A major highlight has been the success of our U16 girls, who were crowned District Champions without losing a single game. They now progress to the County rounds, where we wish them every success. The boys' District competition is scheduled to take place after half term, and we look forward to seeing how they perform.



Table Tennis

The District table tennis tournament provided a highly competitive evening for our U13 and U16 boys' teams. Both teams narrowly missed out on the district title, finishing second to Merchant Taylors' School on points won. Although they were disappointed not to secure the top spot, their performances demonstrated the competitiveness of table tennis at Parmiter's.

There was, however, a fantastic success for our U13 girls, who were crowned District Champions! They now progress to the County finals, where they will have the opportunity to build on this achievement and compete for further honours. Congratulations to all the students involved.

A huge well done to everyone who has represented Parmiter's during the first half term. The commitment shown by our students, alongside the dedication of our staff in providing these opportunities, continues to make sport such an important part of school life. We look forward to another exciting half term of participation, competition and success.



Delve into the wonderful successes of past and present students, as well as members of staff.

Celebrating all things enrichment and co-curricular and shining a spotlight on the incredible things going on in our school community.

Join us for stories of success, lessons that can be learned from school enrichment and true inspiration from our guests.

The first episode of our new-look podcast will be released on **Monday 2 November** and offers an insight into one of our most talented musicians. Don't miss it!

The podcast can be found on Spotify.

If your child has achieved something they are proud of outside school, please do let us know via this google form.
Please note, it is not always possible to promote every success.

Student success - let's celebrate our community!

Below is a selection of successes that our students have achieved outside of school. It is always great to hear about their own passions.

Elsa Shrestha



Completed grand level in the UCMAS Abacus mental arithmetic skill development course

Elliot Bonnington



Selected to play for Hertfordshire County Cricket Under 15

Harshal Shah



Selected to play for Hertfordshire County Cricket Under 18

Julian Vannier



Swam the 2km open water regional and county championships finishing in 3rd place

Some other successes include:

Molly Skeet received 2nd place in the Woolf Essay Prize 2026 run by Newnham College (University of Cambridge).

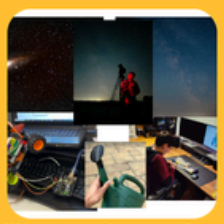
Rhia Raj completed a demanding 50km Road March with 2F Watford Squadron, demonstrating endurance, resilience and determination throughout the challenge

Purnima Hegde was awarded a gold medal and distinction in Lamda Level 3 examination in Performance (Acting solo Grade 8)
Isla Baillie achieved Grade 8 ballet, passed with distinction

Yash Sharma Suman entered the International Astronomy and Astrophysics Competition 2026 and was placed in the Top 20% of all participants in the World.

Hersh Vaghela passed the PRSSV Grade 5 Tabla Exam with flying colours

Jayesh Wadhani



Brilliant work pursuing his hobbies in robotics and electronics, astronomy and product design

Charlie Vass Weston



Awarded the High Sherriff Cadet role for 2026-27

Mahi and Veer Maru



Commentating on the F1 race in Singapore as well as racing on the National Kart Circuit

Seb Turculet



Will represent Hertfordshire in the Inter Counties National Swimming Champs

Mehr Singh



Achieving several medals at her latest gymnastics competition

Sum Pui Tung



First place of North London Festival of Music, Speech & Drama - Piano Class

Freddie Fox



Chosen for the principal Trombone seat in the Hertfordshire Schools Symphony Orchestra.

Matthew Milla



successfully passed his recent Jiu Jitsu grading and was awarded his new purple-white belt

For Accompanied Children & Any Adults

Children's Crafts

Hot Lunch

Totally Free

Life With God All Saints

Pop-Up Cafe

12-2pm

Thursday

29th October

Pop-Up Cafe

All Saints Church Hall

All Saints Crescent
Garston WD25 0LU
office@allsaintslife



Thomas Parmiter Sports Centre

Thomas Parmiter Sports Centre



We have a wide variety of spaces available to hire from our Conference Centre to Netball Courts, Classrooms to our Main Hall and so many more.

Please get in contact to find out more information



FACILITES

- Dance Studio
- Astro Pitch
- Classrooms
- Conference Centre
- Sports Hall
- Function Room
- Gymnasium

Plus many more...

CONTACT US

01923 682 805

parmiters.schoolbookings.co.uk

Parmiter's School
Parents' & Carers' Association

Christmas Gift Fair

Saturday 21 Nov
11am ~ 3pm

Entrance £1.50
Students Free

Sponsored by Mulburries

High Elms Lane, Garston, Herts WD25 0UU
email: pa@parmiters.herts.sch.uk

PHA
paul holman associates

Strictly's NADIYA BYCHKOVA

Peter Pan

THE PANTOMIME ADVENTURE

Tickets available on WisePay!
for the Parmiter's Family
Thursday 17 December 2026

watersmeet

4 - 31 DECEMBER

THREE RIVERS DISTRICT COUNCIL