

16 September 2025

Dear Parent/Carer

**NEA1 Coursework and Practical Investigation Examination (11D) – Wednesday 1 October 2025**

We write to advise that your child will soon begin their NEA1 (Non-Examination Assessment 1), which is a 10-hour piece of coursework completed during lesson time as part of their GCSE Food Preparation and Nutrition course.

Please note that this work must be completed entirely in school under supervised conditions and should not be worked on at home. This ensures the integrity of the assessment and complies with examination board regulations.

In addition to the written element, students will also complete a Practical Investigation Examination on:

**Wednesday 1 October 2025**

On the day of the examination, students must report to their allocated room by 8.30am. The investigation will last for three hours, during which students will carry out their investigations based on their prior research.

While students are encouraged to practise the practical aspects of the investigation at home, it is important to emphasise that all written work must be completed in school.

Should you have any questions or concerns regarding the NEA1 or the practical examination, please do not hesitate to email [L.Southernwood@parmiters/herts.sch.uk](mailto:L.Southernwood@parmiters/herts.sch.uk).

Thank you for your support.

Yours sincerely

*L Southernwood*

Miss Southernwood  
Head of Food Preparation and Nutrition