

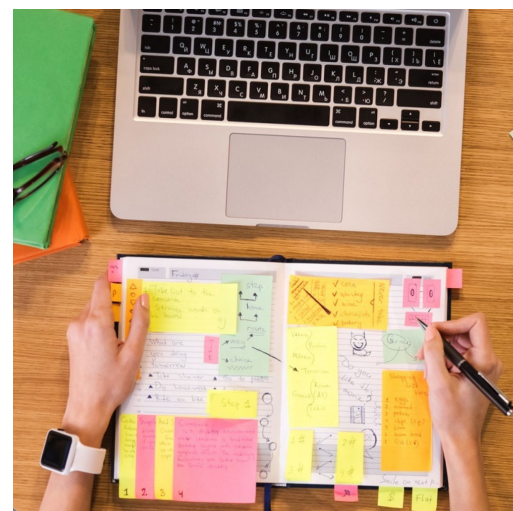
Parmiter's School Home Teaching & Learning Newsletter

Welcome to the 5th edition of the Home Teaching and Learning newsletter for 2020/21. This edition focuses on remote learning during lockdown and ways in which you can support teaching and learning at home. I hope you find it useful. Mr Baker (Assistant Headteacher - Teaching and Learning)

Remote learning during lockdown

When students returned from the first lockdown, Ms Hall, Head of Key Stage 4, met with 40 students from Years 10 and 11 to find out what helped them stay motivated and keep on top of things. Here are their top tips for successful remote learning:

- ★ **Structure your day** - Knowing what the day holds, when you have breaks and when your day finishes really helps you to stay focused and productive. **Follow your school timetable** - this means you won't accidentally miss live lessons and gives you the structure your day needs.
- ★ **Exercise regularly** - Try and factor in some time to keep active. Make sure you participate in your timetabled PE / Games lessons - and on other days plan what exercise you will do, preferably outside and away from the computer.
- ★ **Communicate with your teachers** - If there's an aspect of home learning that's challenging or you find you need some support, get in touch with the appropriate member of staff.
- ★ **Get some sleep** - Make sure you go to bed at a reasonable time. You'll feel more alert in the morning and you'll be able to more easily concentrate on your learning.
- ★ **Practise resilience** - Don't worry if you have a bad day. These times can make you feel stressed and uncertain, and that's OK. Acknowledge it's been tough and look ahead to the next day, which will probably be better.
- ★ **Set up a workspace** - Try to establish a space that is designated for remote learning. Where possible, find somewhere quiet, and remove other distractions, such as your phone or the TV.
- ★ **Keep in touch with your friends** - Try and speak to one another on the phone or via video, rather than just via text message. Connections like these are really important in helping you to stay positive.
- ★ **Try something new!** - With this extra time at home, perhaps you could look for videos that can help you to learn a new skill. You could try learning a new musical instrument, reading around a new area of interest, building complex Lego, etc.

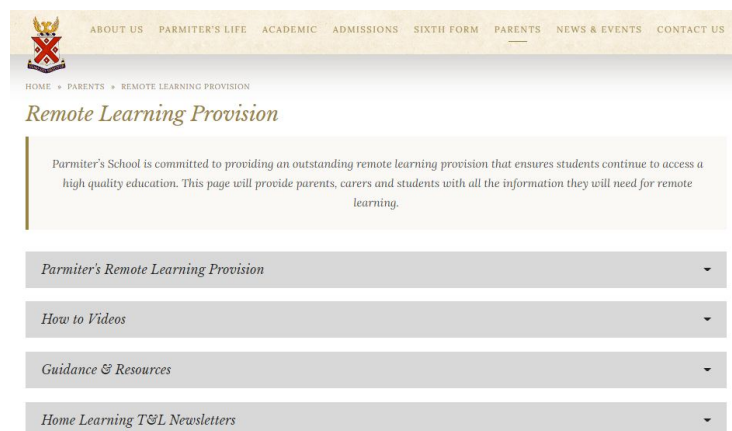


Remote learning - School Website

We have moved all resources and communications regarding **remote learning** to one place on our school website. Please use this as your go-to for any support, help or further clarification needed with regards to remote learning.

The page can be found on the school website under Parents ➔ Remote Learning Provision or via this direct [link](#). The page contains:

- ★ A summary of our remote learning provision during school closures and when students are self-isolating.
- ★ How-to videos on a host of topics, including "Getting organised with Google Classrooms" - a must watch for working from home and keeping on top of work.
- ★ Guidance and resources documents such as email communications regarding remote learning and a NEW document containing weblinks to additional resources that students and parents /carers can access from home. The direct link to this document is [here](#).
- ★ Home learning T&L newsletters from all the way back to April 2020, which include a wealth of useful information and resources.



Learning conversations at home



Google Classroom

Daily summary for D

During school closure, please make time to discuss your child's home learning with them if you can.

You could use the "[Guardian Google Classrooms Summaries](#)" as a starting point of discussion. This will list the tasks that are missing or work that is due soon.

If your child is struggling, please ask them to reach out to their teachers or form tutor for help and support. We are here to help both them and you with remote learning during this lockdown.

Some helpful conversation starters might be:

- ★ Tell me about the best part of your day.
- ★ What was the hardest thing you had to do today?
- ★ Tell me about what you did in your live lessons.
- ★ What did you talk about in your form time this week?
- ★ Do you think [subject] is too easy or too hard?
- ★ What's the biggest difference between lessons at home and at school?
- ★ Can you show me something you learned (or did) today?

