

WEEK ONE

Week commencing; 2nd September, 30th September, 4th November, 2nd December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL
CHICKEN CURRY	PORK MEATBALLS	SHEPHERDS PIE	SAUSAGE WITH YORKSHIRE PUDDING	BATTERED FISH
VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION
VEGETABLE CURRY	FALAFALS	VEGETARIAN PIE TOPPED WITH MASH POTATO	STUFFED MUSHROOMS	CHEESE FLAN
SIDES	SIDES	SIDES	SIDES	SIDES
RICE, NAAN BREAD ONION BHAJI VEGETABLE SAMOSA	BOTH THE ABOVE ARE SERVED WITH SPAGHETTI AND A TOMATO SAUCE. PEAS,CARROTS,BAKED BEANS	BROCCOLI MIXED VEGETABLES BAKED BEANS	ROAST POTATO WHOLE GREEN BEANS SWEETCORN BAKED BEANS	CHIPS PEAS MUSHY PEAS BAKED BEANS
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
RHUBARB/APPLECRUMBLE SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE.	FRUIT FLAPJACK SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE.	CHOCOLATE FUDGE SPONGE SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE

Available daily; made up salads, pasta with a choice of sauce, variety of sandwiches, rolls and wraps ,pizza slice, chicken burgers, soup, Grab 'N'Go curry, Jacket potato and filling

Every week we have a Free Fruit Friday which is available with selected items.

The menu above may vary if a product is not available

WEEK TWO

Week commencing: 9th September, 7th October, 11th November, 9th December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHICKEN NUGGETS SERVED WITH A SWEET & SOUR SAUCE	MAIN MEAL STEAK SLICE	MAIN MEAL LASAGNA AND GARLIC BREAD	MAIN MEAL HUNTERS CHICKEN	MAIN MEAL BATTERED FISH
VEGETARIAN OPTION VEGETABLE RAVIOLI & POTATO CUBES	VEGETARIAN OPTION VEGETABLE HOTPOT	VEGETARIAN OPTION VEGETABLE LASANGE	VEGETARIAN OPTION GOATS CHEESE & BEETROOT BAKES	VEGETARIAN OPTION MACCARONI CHEESE
SIDES VEGETABLE SPRING ROLLS STIR FRY VEGETABLES SWEETCORN BAKED BEANS	SIDES MASHED POTATO GREEN BEANS CARROTS BAKED BEANS	SIDES SIDE SALAD MIXED VEGETABLES SWEETCORN BAKED BEANS	SIDES PARLIAMENT POTATO MUSHROOMS/BROCCOLI CARROTS BAKED BEANS	SIDES CHIPS PEAS SPAGHETTI HOOPS BAKED BEANS
DESSERT FRUIT SPONGE & CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE	DESSERT CHERRY LATTICE PIE SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE	DESSERT CHOCOLATE SPONGE SERVED WITH CHOCOLATE CUSTAED COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE

Available daily; made up salads, pasta with a choice of sauce, variety of sandwiches, rolls and wraps ,pizza slice, chicken burgers, soup, Grab 'N'Go curry, Jacket potato and filling

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WEEK THREE

Week commencing; 16th September, 14th October, 18th November, 16th December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL
PASTA BOLOGNESE	ROAST CHICKEN/PORK AND STUFFING	PULLED BEEF CHILLI	CHICKEN, HAM CARBONARA & SPAGHETTI	BATTERED FISH
VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION
VEGETABLE BOLOGNESE	QUORN ROAST	CHEESE FLAN	GLAMORGAN SAUSAGES/ STUFFED PEPPERS	CHEESE & ONION PASTIES
SIDES	SIDES	SIDES	SIDES	SIDES
MUSHROOMS GREEN BEANS BAKED BEANS	ROAST POTATO SWEDE HONEY GLAZED PARSNIPS BROCCOLI	SWEET POTATO FRIES CARROTS PEAS BAKED BEANS	HERBIE DICED POTATO ROASTED VEGETABLES SWEETCORN BAKED BEANS	CHIPS PEAS SPAGHETTI HOOPS BAKED BEANS
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
RICE PUDDING COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE	BAKEWELL TART SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE	CHOCOLATE FUDGE SPONGE & CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE

Available daily; made up salads, pasta with a choice of sauce, variety of sandwiches, rolls and wraps ,pizza slice, chicken burgers, soup, Grab 'N'Go curry, Jacket potato and filling

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WEEK FOUR

Week commencing: 23rd September, 21st October, 25th November 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL	MAIN MEAL
CHICKEN KIEV	ROAST BEEF/PORK & YORKSHIRE PUDDING	ITALIAN CHICKEN & TACOS	CHICKEN & LEEK PIE	BATTERED FISH
VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION	VEGETARIAN OPTION
VEGETABLE KIEVE	SPANISH OMLETTE	CAJUN COD CAULIFLOWER CHEESE	CHEESY VEGETABLE CRUMBLE	MACCARONI CHEESE
SIDES	SIDES	SIDES	SIDES	SIDES
POTATOES WEDGES PEAS CARROTS BAKED BEANS	ROAST POTATO CABBAGE MIXED VEGETABLES BAKED BEANS	SWEET POTATO FRIES GREEN SALAD GREEN BEANS & SWEETCORN BAKED BEANS	MEDLEY OF MASH POTATO BROCCOLI CARROTS	CHIPS PEAS SPAGHETTI HOOPS BAKED BEANS
DESSERT		DESSERT		DESSERT
STEAMED JAM SPONGE & CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE	APPLE CRUMBLE SERVED WITH CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE	A SELECTION OF COLD DESSERTS & FRUIT ARE AVAILABLE TODAY	CHOCOLATE SPONGE SERVED WITH CHOCOLATE CUSTARD COLD DESSERT SELECTION & FRUIT ALSO AVAILABLE

Available daily; made up salads, pasta with a choice of sauce, variety of sandwiches, rolls and wraps ,pizza slice, chicken burgers, soup, Grab 'N'Go curry, Jacket potato and filling

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