



PARMITER'S SCHOOL

The official A to Z guide
to life at Parmiter's!

Summer 2022

Welcome from the Headmaster

A very warm welcome to Parmiter's to all our new students and parents/carers (some not so new) joining us in September 2022. I do hope you find this booklet helpful but please be assured, if you do have any questions, we are only too happy to be asked.

My message to parents and carers is please do give a thought to joining our wonderful Parents' Association, a superb opportunity to support our school. And to new students: 'Welcome to an amazing land of opportunity'. Do ensure you 'join in' by making the most of all the clubs and activities. Whatever your passion there will be something for you.

My very best wishes to you all at the start of your new school adventure.

Michael Jones
Headmaster



Welcome to our Year 7 parents

The transition from primary to secondary school is not always easy. Everything from making new friends to getting used to new teachers, subjects and a new school can prove stressful, for both the child and the parents! One of the key differences is that at secondary school you may feel that you are much less involved in your child's life at school.

Our Year 7 team share the philosophy that a school is more than just a place where your children come to learn. It is a place where a community develops and thrives. It is a place where we come together to support each other to achieve. Whether it is in the classroom learning, on the sports field competing or on the stage performing, we know that success comes from us all working together.



Richard Boyce
Head of Year 7



Debs Mullett
Deputy Head of Year 7

A – A New Beginning:

Welcome to Secondary School. For all our new Year 7 students, the move from primary school to secondary school marks a new beginning. It is another key milestone on life's journey. Yes – it can be a big change and the prospect of starting at secondary school can be very scary for both parents and students, but if you follow the advice given in this booklet, hopefully the coming weeks and months will not be so scary after all.

A – Attendance:

We cannot stress enough the importance of excellent attendance at secondary school. Poor attendance impacts learning and can limit progress.

FACTS ABOUT ATTENDANCE

- 90% attendance = 1/2 day missed every week
- 1 school year at 90% attendance = 4 whole weeks of lessons missed
- 90% attendance over 5 years of secondary school = 1/2 a school year missed!

REPORTING ABSENCE

In the event of an absence, please notify the Attendance Officer, at your earliest convenience and by 8:55am at the latest, on the morning of absence.

Absence line: 01923 665719

Absence email: attendance@parmiters.herts.sch.uk

WAYS TO ENCOURAGE GOOD ATTENDANCE

- Days at home are for genuine illness.
- Where possible, avoid making medical/dental appointments during the school day.
- Talk to your child's form tutor, Mr Boyce or Mrs Mullett to help resolve attendance issues as soon as they arise.



ATL's:

During the academic year you will receive an early Attitude to Learning (AtL) report in October and two detailed gradesheets, one in December and the other in June; these will provide information about your child's efforts and academic achievements. These will be sent home electronically. The autumn term report will give you an indication of how your child has settled in and the gradesheets will give current assessment levels and attitude to learning (ATL) grades for all subjects; the grades range from 1-5 and there is an expectation that students will achieve a 3 or above. Consultation Evening will take place during the spring term and this will give you a chance to speak to the staff who teach your child. We encourage students to attend with their parents.

A further gradesheet will be issued at the end of the summer term.

B- Behaviour:

At secondary school we have very high expectations of student behaviour. Disruption to lessons and the learning of others **will not be tolerated** at Parmiter's. We always expect **excellent and sensible** behaviour. Parmiter's has well over 1000 students on site during the school day and, therefore, excellent behaviour is vital to ensure that we can all learn in a safe manner. This applies both in lessons, moving between lessons and at break and lunchtimes. For students who fail to meet our expectations, please see D for Detentions!

B – Bushcraft:

Towards the end of the September and early October, we offer all Year 7 students a chance to take part in a team building residential experience. We are away for two nights and will be staying at the Bushcraft Boughton Woods centre, which is situated off the A43, three miles north of Kettering. We encourage **all** our new Year 7 students to take part in this opportunity as it is a good chance to make friends and to try out new activities.



C – Communication:

Should you need to contact the school for any reason, please either telephone (**01923 671424**) or send an email (admin@parmiters.herts.sch.uk). The School Office will then pass your message or email on to the relevant member of staff.

C – Chromebooks:



All students will be using Chromebooks in Year 7. Please ensure you have signed up for a Chromebook between the **1st May to 10th June**. Please use the link below to navigate this [process](#):

D – Detentions:

*Students are not given detentions. **Instead, they earn them.***

To give some idea about when a detention may be issued:

- Forgetting homework may result in a detention.
- Poor behaviour **will** result in a detention.
- Disrupting the learning of others **will** result in a detention.
- Forgetting equipment may result in a detention (see E – Equipment for Learning).
- Having a mobile telephone, which is audible, visible or switched on during the school day, **will** result in a detention.
- Forgetting PE kit may result in a detention.

Some students will discover that the list of detention reasons is much longer than this. However, if students are sensible, well mannered, remember all equipment and do their homework, then they will not get a detention. Our detention system is tiered, with departmental detentions and Head of Year detentions as the first layer. These detentions are usually 30 minutes long. If students fail to attend a short detention, they will automatically receive a Full School detention which is 1 hour long and is always after school.

More serious behaviour issues will result in a Senior Leadership Team detention, which is held each Friday evening and lasts until 5pm. Repeat offenders may also receive a Saturday detention.

Please note that all detentions are logged on SIMS (the school admin database).

E – Equipment for Learning:

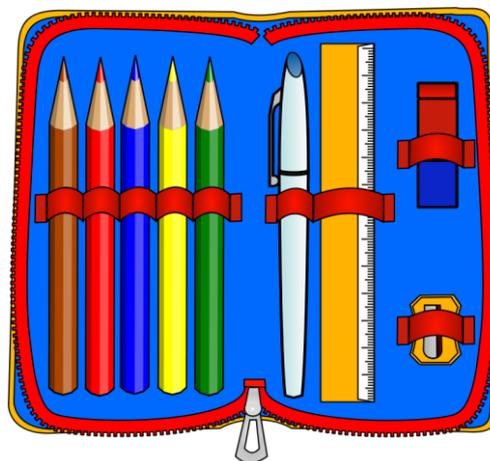
Without all the correct equipment, your child cannot learn. Regularly checking and replacing equipment is essential.

Essential:

- A strong, waterproof school bag in a plain dark colour (we would recommend a rucksack with padded straps as bags can be heavy).
- No Handbags.
- A separate, named bag for PE kit.

Basic equipment for all lessons:

- Pencil case
- Blue or black pens (including spares)
- Pencils (including spares)
- Pencil sharpener
- A 30cm ruler
- A rubber
- A pair of compasses
- A protractor
- A set of coloured pencils
- A glue stick
- A pair of scissors
- Inexpensive Earphones (wireless earbuds are not allowed)



Suggested equipment for Mathematics:

- A calculator (for use in lessons when permitted)
- A geometry set

Suggested equipment for Art:

- An Art pack is available from the Art Department in the autumn term. This includes sketching pencils, a small set of water-colours, some paint brushes and other equipment. The pack costs £5 **cash** and will be available to purchase during the Headmaster's Evening on 13th July 2022
- Earphones

Don't forget that ALL equipment should be clearly named!

E – Ethos:

Parmiter's School was founded by Thomas Parmiter following a bequest in his will. The ethos of Parmiter's School is epitomised by the school motto - "Nemo Sibi Nascitur" (No one is born unto themselves alone). As members of the Parmiter's family we are committed to serving each other and our wider community in the way Thomas Parmiter, our founder, intended.

F – Form Tutor:

Throughout your child's time in Years 7 to 11, they will have a form tutor who should be **your first point of contact** with any concerns or worries. The form tutor should be viewed as the 'Guardian of Learning' – a key person you and your child can turn to when you need advice or guidance. Form tutors are integral to the pastoral team and well supported by the Head of Year and Deputy Head of Year.

F – Form Time:

Students register in their form room at 8.35am and spend 20 minutes with their Form Tutor each morning. Each form is assigned a Sixth Form prefect who acts as buddy. Each student is allocated to one of our six Houses and there are many House events and competitions throughout the year. Punctuality to form time is essential for a positive organised start to every day.

G – Going Home:

One of the main differences between primary school and secondary school is the end of the school day. At secondary school, students can make their own way home without the need to be collected at the classroom door, or they can attend a wide range of after-school clubs on offer. The Learning Resource Centre is also open daily to allow for access to computers so students can complete homework tasks as needed and use printing facilities.

H – High Elms Lane:

Parmiter's School is situated on High Elms Lane. This is a busy and very narrow lane with two large secondary schools and West Herts Crematorium located near the A405 end of the lane. The lane reduces to a **single track** between High Elms Manor and the entrance to Chequers Farm. If you travel by car or your child rides a bike to school, please take this into consideration during the week for getting to school on time and at weekends if your child plays sport at school.

H – Homework:

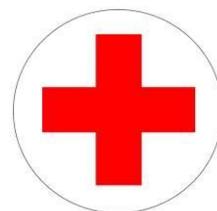
Students will receive far more homework at secondary school than they have had at primary school. Students should expect to spend about an hour each night on homework tasks in Year 7, but this may increase as the year progresses. All students will receive a homework timetable so they know which homework to expect on which night of the week.

H – House System:

We are proud of our school House system. Each student is allocated to one of our six houses, which are named after important members of the Parmiter's family. Our houses are: **Beven, Carter, Lee, Mayhew, Renvoize and Woolley**. Further information about our House system can be found on the school website, under the "[Parmiter's Life](#)" tab.

I – Illness:

Parmiter's School has a full time Matron, who is available for all health queries and medical advice. If you have any health concerns about your child, please contact the school and Matron will be pleased to assist you. If your child is feeling unwell at school, they need to see Matron before calling home.



I – Independence:

At Parmiter's, we encourage all students to be independent from the outset. You can help your child by reminding them to take responsibility for routine jobs like packing their own bag and PE kit the night before, preparing their food ingredients, remembering musical instruments and looking after their own homework. Students also need to keep on top of their equipment and **replace** any items that may get lost.

J – Join in:

- Secondary school is all about new opportunities.
- Make the most of everything that is offered to you.
- Talk to other new students.
- Take advantage of the wide variety of activities on offer.
- Take part in school visits.
- Smile and others will smile with you; it's a great way to make friends.
- Remember that school is what **you** make it.

K – Kit:

All students will need a full PE kit for their PE lessons.

Different kit needed for indoor and outdoor lessons. Your child will be told which kit they need to bring for different blocks of lessons.

All PE kit is available from our PE kit supplier, Henry Tilly Sports. Henry Tilly has a shop in St Albans and you can also purchase items via their website (see link below). They will be in attendance at the Headmaster's Evening, so you can purchase kit:

<http://shop.htsports.co.uk/category5970719.html>

The full PE kit list is available to view on our school website or via this link [HERE](#).



L – Learning and the future: Dream big!

Time at secondary school will pass all too quickly. Seven years is not actually that long! Follow these steps to maximise your chances of being successful when your time as a Parmitterian comes to an end:

- 1. Take time to think about what you like to do; dream and imagine ideal careers.** Take time in school to explore different career choices. Don't let any barriers hold you back from finding the perfect career.
- 2. Challenge yourself in secondary school, but don't overwhelm yourself.** Get the most out of secondary school.
- 3. Work, volunteer, or otherwise gain some experience.** For example, if you're interested in a career in journalism, start writing for the school newsletter.
- 4. Expand your cultural capital;** take advantage of all educational opportunities that come your way, such as summer school, different clubs and educational trips, especially abroad. Family trips can also be used as an enjoyable way to support the curriculum.
- 5. Remember everyone must follow his or her own path in life.** Don't spend too much time worrying what other people in your school are doing - or letting their opinions about your dreams and ambitions affect your decisions.
- 6. Never stop learning... read, grow and expand your mind.** Don't pass-up opportunities to learn and experience new things. Knowledge is power.

L – Lockers:

All Year 7 students can rent a locker for a small fee. This can then be used to store books and PE kit as needed. You can access your locker **before school, at break, lunchtime and after school**. Remember to bring in your locker key! Lockers are available for students to rent on an annual basis through ILS Ltd, an independent company. All dealings will be directly with ILS. For further information and to book a locker, visit www.ilsschools.co.uk.

M – Mindset:



Developing a Growth Mindset allows you to see setbacks as opportunities. Showing a growth mindset is valuing effort over talent and understanding that practice makes progress. 'Hard work beats talent when talent doesn't work hard'.

M – Manners:

We are proud of the excellent manners displayed by all members of the Parmiter's community. Our new Year 7s are no exception to this and we expect all students to display courtesy and good manners at all times. From remembering to say 'please' and 'thank you', to holding open the door for another person, manners really do cost nothing.

N – Nut Allergies:

We have a number of students at Parmiter's School who have nut allergies. Therefore, we ask that no nuts be brought onto the school site. This includes packed lunches or as snacks for breaktime. Likewise, if you have a nut allergy, please ensure that Matron has an epipen for you and that you always carry one yourself. If you are concerned about having a nut allergy at secondary school, please liaise with Matron.

O – Opportunities:

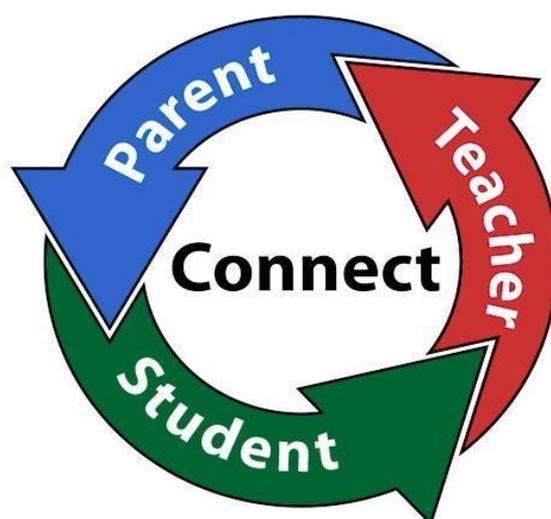
Life at secondary school is all about new opportunities and these will come in many forms, including new subjects that you haven't studied previously, specialist facilities for subjects like Science, DT and PE, and a vast range of extra-curricular activities. There are also a wide range of school visits, from local day trips to longer visits abroad including the annual ski trip. Be sure to make the most of all opportunities offered to you during your time at Parmiter's.

P – Parental Involvement:

Research shows that children are more successful in school when their parents take an active interest in what their children have done at school and actively support their children in completing homework tasks and becoming independent learners—it shows children that what they do is important.

Here are some tips to guide the way:

- ✓ **Know the teachers — and what they're looking for.** Attend school events, such as Consultation Evenings, to meet your child's teachers. Ask about learning and homework and how to get more involved in the learning process.
- ✓ **Set up a homework-friendly area.** Make sure your child has a separate place to complete homework, such as a desk. This should be well-lit. Keep supplies — paper, pencils, glue, scissors — within reach.
- ✓ **Ensure homework is part of a daily routine.** Some children work best in the afternoon, following a snack and rest period; others may prefer to wait until after dinner.



- ✓ **Help them make a plan.** Whether it is revision, a heavy homework night, or simply when there is an especially big assignment to tackle, encourage your child to break up the work into manageable chunks. Create a work schedule for each night if necessary — and remind your children to take time for a short break every hour, if possible.
- ✓ **Keep distractions to a minimum.** For students to excel at homework, they need to be able to work without distractions. This means no TV, loud music, telephone calls, internet access or mobile phones. (Occasionally, though, a phone call to a classmate about an assignment can be helpful).
- ✓ **Make sure children do their own work.** They won't learn if they don't think for themselves and make their own mistakes. Parents can discuss, make suggestions and help with directions, but it's a child's job to do the learning
- ✓ **Be a motivator and monitor.** Ask about assignments, quizzes and tests. Give encouragement, check completed homework and make yourself available for questions and concerns.
- ✓ **Set a good example.** Does your child ever see you diligently balancing your budget or reading a book? Children are more likely to follow their parents' examples than their advice.
- ✓ **Praise their work and efforts.** Keep a log of amazing effort and great test results on the fridge so it is a visible reminder of achievement. Don't forget to mention any successes at school to relatives.
- ✓ **If there are continuing problems with homework, get help.** Talk about it with your child's teacher – teachers can't help if they don't know about the problem!
- ✓ **Read with them.** Reading aloud with your child is one of the very best ways to stimulate their enjoyment for reading; this will, in turn, develop empathy, a curiosity for learning, improve their vocabulary, comprehension and critical thinking skills across the broader curriculum. Students will have a wealth of reading opportunities with both texts and audible books through their library web app.

P – Parents' Association:

We are very fortunate at Parmiter's School to have a Parents' Association that has been an integral part of the school for more than 25 years. During this time the PA has raised many tens of thousands of pounds from a variety of fundraising events.



These funds have been spent on providing resources and equipment to enhance the education for students across all school departments from art to science to games. Larger projects have also been supported, such as the purchase of a grand piano, the covered seating area and state-of-the-art lighting equipment in the Drama centre.

However, our PA is about more than just fundraising, it also exists to provide closer links between school and home. The events run and activities supported provide an excellent way to bring staff, parents, students and others connected to the school together in support of the school, working towards a common goal.

The objective of the Parents' Association is to advance the education of students in the school, in particular, by:

- Developing effective relationships between the staff, parents and others associated with the school.
- Engaging in activities which support the school and advance the education of the students.
- Providing and assisting in the provision of such facilities or items for education at the school (not provided from statutory funds) as the committee shall from time to time determine.

As a parent/carer you automatically become a member of the Parents' Association when your child joins Parmiter's School; however, there are several ways in which you can become more involved and help your PA, even if you only have a small amount of time available. Involvement can be in the form of:

- Joining the Committee.
- Helping out at an event
- Supporting an event by attending.

If you would like further information concerning the Parents' Association, then please visit the school website, under the "About Us" tab.

Q – Quality Learning:

We expect all students to be engaged in quality learning in each and every lesson and for the same level of effort to be applied to each homework task. Staff assess student learning on a regular basis and students are given both written and verbal feedback. If you have any concerns about the standard of work that your child is producing, please contact the individual subject teacher so that they can keep a close eye on the work produced in that subject area.

Q– Questions:

If you have any questions during your child's time at Parmiter's, please contact your child's form tutor or the relevant subject teacher. Staff are always happy to answer questions and queries as they arise.

Q – Resilience:

Resilience research has identified actions which can be taken to enable students to achieve good outcomes. Academic resilience for students means achieving good educational outcomes despite adversity. Challenging your child to develop interests and life skills and encouraging them to learn how to cope, how to express their emotions, understand boundaries and to aspire, are crucial elements of helping them become more resilient. Helping children have life plans, visions and being organised allows them to develop new skills that are an essential part of increasing their learning. You can help your child become more resilient in the following ways:

Belonging

This is an important aspect of resilience building. When a child has good relationships in their life and they belong to a group that accepts them as they are, this helps create a good sense of self and identity. It is important that students have somewhere at school they feel they belong (form group, clubs, activities, favourite places in school, sport, music, writing, helping out in the library... it can be almost anything) and that they meet people who are **good** influences, who can help them make sense of where they have come from and their place in the world.

Learning

This a fundamental part of being a student and being able to function successfully in the world. Helping your child to develop talents, interests and life skills, encouraging them to learn how to cope, how to express their emotions, understand boundaries and aspire, are crucial parts of helping them become learners that are more resilient.

Coping

Coping helps children build up a particular set of skills to help them with the challenges of everyday life. Encouraging children to cope helps them develop a sense of bravery, an ability to solve problems, to stand up for their own views and beliefs, foster interests and make themselves feel better.

Core self

Core self is important to have an understanding of who they are and their own personal strengths. Encouraging children to put themselves in other people's shoes and be sensitive to how others feel can help raise awareness of how they feel and how their behaviour can affect other people's feelings. It is important to help them be self-aware and take responsibility for themselves and their behaviour towards others while at the same time believing in them.

R- Revision:

Your child will receive a Tim Foot 'Revision Cracked' booklet. This will help them develop revision techniques for assessments and tests which are carried out regularly in all subject areas. Developing independent study skills such as revision methods is essential for success at school.

S – Safeguarding:

It is our priority that your children are safe in school. If you are worried or have any concerns about child protection, student welfare or safeguarding, Mr Hughes is our Designated Senior Person for Child Protection. Should you have any questions, his email address is:

B.Hughes@parmiters.herts.sch.uk



S – School Day:

Timings of the school day are as follows

**Please be on the school site no later than 8.30am*

Time	Session
8.35am* – 8.55am	Morning Registration
8.55am – 9.55am	Period 1
9.55am – 10.55am	Period 2
10.55am – 11.20am	Break
11.20am – 12.20pm	Period 3
12.20pm – 1.20pm	Period 4
1.20pm – 2.20pm	Lunch
2.20pm – 3.20pm	Period 5
From 3.20pm	After School Clubs

S – Social Media:

We know that, in the modern world, social media is a key part of everyday life and how we communicate. However, many of the social media platforms are age-rated and students in Year 7 should **not have access** to any of these platforms. In our experience, Year 7's are very keen to establish WhatsApp groups that have the potential to very quickly become an unsociable space where dispute can occur, therefore, we strongly advise that you discourage your child from being a part of these groups as mobile numbers can easily be shared with other groups.

It is the **responsibility of the contract holder** of any mobile phone device to supervise all use of technology away from any potential e-safety problems. If any issues do arise, parents can refer concerns directly to the social **media platform concerned**, or they can refer the matter to the police to be investigated. The following website contains useful information for parents and carers: <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

S – Summer School:

Each year, we run a Summer School during the first week of the summer holiday. A wide variety of activities are offered and this is a good opportunity for your child to meet new people and learn new skills or information. Details about the Summer School are sent out to parents during the summer term, once the final details of what is on offer have been agreed.



T –Tutor time:

The form tutor is the person who has consistent day to day contact and is the essential link between your child, subject teachers and home. The relationship between the form tutor and your child is, therefore, an integral part of their role at Parmiter's.

TUTOR TIME is time to...

- Mentor and support our students
- Improve learning relationships through the school
- Provide effective support and guidance for our students
- Provide learning opportunities beyond the curriculum
- Broaden student leadership and nurture an ethos of supporting others
- Continue to develop a positive and mature attitude to learning across the school
- Monitor the progress of students as individuals and not just as a large cohort
- Communicate effectively with students and parents

FORM TUTORS...

- Know and care about the students in their tutor group
- Provide a positive role model for students
- Understand the need to work with students on skills beyond the classroom – emotions, motivation, social skills, courtesy, how to speak appropriately in difficult circumstances, honesty, respect for others
- Pay attention to the small 'details' – importance of manners (please and thank you!) appearance, punctuality
- Treat poor behaviour as a choice and good behaviour as a characteristic
- Do not dwell on previous misdemeanours and judge every situation on its own merits
- Look for the good in students and give genuine praise
- Take an interest in students' lives and experiences outside of school while maintaining professional boundaries

T – Transport:

Mullany's Coaches currently operate our school transport service and cover a wide geographical area, from Hemel Hempstead and St Albans to Borehamwood, Bushey and Harrow. Buses collect students each morning from their allocated stop and deliver them safely onto the school site. The buses then collect the students at the end of the day and depart from the school site promptly at 3.30pm for their return journeys. Full details about the bus service are available on our school website under the 'parent' tab.



T – Twitter:

As a school, we have different Twitter feeds which parents can follow to find out more about life at Parmiter's. Please follow us if you are a Twitter user:

Parmiter's School . . . @ParmitersSchool

Year 7@ParmitersYear7



U – Uniform:

All students in Years 7 to 11 are expected to wear full school uniform each day that they are at school. There are three uniform options, as follows:

Option A: Blazer, Striped Blouse, Skirt, Pullover, Tights or Socks & Shoes.

Option B: Blazer, Shirt, Tie, Trousers, Pullover, Socks & Shoes.

Option C: Blazer, White Blouse, Trousers, Socks & Shoes.

Full details about the uniform options are in the Information Booklet, which you have already received.

Our uniform is available from Stevensons in St Albans, DJ Uniforms in Bushey and Watford School Uniforms in Watford. Suppliers also have their own websites and the links can be found on the Parmiter's school website via the line below:

<https://www.parmiters.herts.sch.uk/page/?title=Uniform&pid=19>

Please also remember a sensible school bag (for example a plain rucksack) – handbags and fashion bags are not acceptable as school bags.

V – Visits:

In each year at Parmiter's, a number of school visits will be offered. In Year 7 this includes a residential team-building trip, a number of day visits linked to different subjects and the opportunity to visit France at the end of the year. As students move through the school, the range of visits broadens out to include the annual ski trip and a full range of curriculum linked and optional residential visits.



W – What to do if:

You need to speak to a member of staff.

You can telephone the school and leave a message. You can write or email. Initially send the email to admin@parmiters.herts.sch.uk.

Your worry is not subject based.

Contact your child's Form Tutor or the Head of Year. Mr Boyce can be contacted via this email address: year7@parmiters.herts.sch.uk. Please remember that we would rather know about a worry or a problem. If it worries you or your child, let us know.

Your child is ill.

Please email the Attendance Officer *on the first day* of absence.
Attendance@parmiters.herts.sch.uk

Your child is spending too much time on homework.

Please contact the Form Tutor or subject teacher in the first instance.

You need to check dates of events, school trips etc.

Please look at the calendar under the 'News & Events' tab on the school website.

You think your child is being bullied.

Contact the Form Tutor or Head of Year immediately.

Your child is finding it hard to settle.

Some children do take longer than others but please let the Form Tutor or Head of Year know about your concerns early on. Crucially, ensure that your child is in school every day as this will help them to settle. For students who struggle in the early days, we do have a Peer Mentoring scheme which can offer some support, but places are limited.

You have any family worries or money concerns.

Please let us know. We will deal with things sensitively and may be able to provide some support for you and your child. We also have information about how to access help from a number of other organisations. Please contact us for more information.

W – Wisepay:

Parmiter's School uses an online payment system called WisePay. You will receive your login details for WisePay before your child starts school in the autumn term. WisePay can be used to pay for school trips, school transport, music lessons, etc. You can also top up your child's school meal account – the dining halls do not accept cash payments.

W – Work ethic:

We expect all Parmiter's students to be hard-working and to strive for excellence in all aspects of school life. A solid work ethic is vital for success. If student's fail to meet our expectations, we will be in touch with parents to address this.

X – X-Rated:

As a basic guide, the following items are not allowed on site:

- Knives or any bladed items.
- Drugs / Alcohol / Cigarettes / E-cigarettes/ vapes.
- Fireworks, lighters, etc.

This is not a definitive list. Please see our full behaviour policy, which is available on the school website, for a full list of banned items.

Y – Year 7:

Life in Year 7 will be different to life in Year 6. Students are placed in one of 8 forms of approximately 28 students. All lessons are taught in these form groups except for Design and Technology, P.E. and Literacy, where groups will be mixed or smaller.

In Year 7 we have a set of values which we refer to regularly, abide by and form assembly topics throughout the year, these are:

Year 7



TEAMWORK

Teamwork is essential for you to work together as a form group, be open and welcome all new form members and include all because no one should be alone in your form. Take pride in your form, rely on one another and understand that each person is different and has an equal part to play.

RESPECT

Mutual respect and manners form the basis of our school. We want everyone in this school to complement our year group on how well-mannered we are, saying 'please' and 'thank you' to each other and to all the adults you come into contact with, this makes a great first and lasting impression. We hold in high esteem our school, it's values and traditions and earn the respect of others in the way we behave. We respect our teachers and accept their decisions.

ENJOYMENT

We come to school to learn in different ways. We encourage fellow students to enjoy their learning and exploit opportunities to be creative when they are presented. We use our school to adopt a healthy lifestyle and build life skills. We enjoy being part of our form and part of the Parmiter's family.

DISCIPLINE

Strong discipline underpins our school. We support our behavior policy and uphold its values. Sticking to all the rules leads to successful students, those who choose, and remember it is a choice!, not to follow the rules will have a challenging time at Parmiter's. Please follow all the rules and make the right choices!

SPORTSMANSHIP

We uphold the tradition of camaraderie with team mates and opposition. We observe fair play and are generous in victory and dignified in defeat. We play to win but not at all costs and recognise both endeavour and achievement. We ensure that the wellbeing and development of all is central to activity of any kind.

Z – Zzzzzz's:

The first few weeks at secondary school are exhausting for new students. Please ensure that your child has a set bedtime and gets enough sleep. Evidence shows that screen-time should finish two hours before bedtime to enable an uninterrupted night's sleep and awake fresh the next morning.



The Year 7 team are very much looking forward to working with your son or daughter and welcoming them to the Parmiter's family.

We wish you a relaxing and enjoyable summer.

