



PARMITER'S SCHOOL

FOUNDED 1681

Headmaster: Mr M Jones BA MEd

8 September 2023

Dear Parents and Carers

Extra-Curricular Activities – Autumn 2023

Please find attached the complete Extra-Curricular activities programme for the Autumn 2023 term, which can also be found on the school website under the *Parent* tab or via [this link](#).

Extra-Curricular Sport

We would also like to take this opportunity to welcome back your child to Physical Education and Sport at Parmiter's. This letter aims to explain and reinforce the procedures we have in place for sport and extra-curricular activities at Parmiter's.

Extra-Curricular Clubs

We run a full programme of extra-curricular opportunities and these clubs generally run either at lunchtime or after school. On occasion, we also hold before school activities. Students have or shortly will be briefed about our current programme. A list of the extra-curricular activities for this term is attached and can also be found on our school website under Parents or via this [link](#).

Students are free to attend as many clubs as they wish. We try to offer an inclusive programme with opportunities for students to take part in any activity, regardless of whether they have been selected for our school teams, but please note that there will be some clubs that are by invitation only. This will be communicated to the students in advance. The Futsal clubs are slightly different and will require an alternative sign up process which will be communicated shortly.

Lunchtime Clubs

Lunchtime sports clubs run from 1.35 - 2.10pm. Students are expected to have their lunch prior to the start and to be ready for 1.35pm. Students are welcome to bring a packed lunch with them and eat this whilst getting changed. Depending on the sport of the club, students will be told what PE kit they require and where to get changed. All clubs are free of charge unless specified otherwise.

After School Clubs

Our after school sports clubs run from 3.30 - 4.45pm. Students should attend the relevant facility as soon as the school day has finished and get changed to begin at 3.30pm. Depending on the nature of the club, the PE kit required will be communicated to them. Students are not expected to sign up to clubs, they can simply turn up. Students will need to be collected from the school at 4.45pm. **There will be no bus available.**

For those who wish to play in our school teams, commitment to practice is paramount. We expect regular attendance if students wish to be considered for selection.

Inter-School Competitions

We run teams in over 20 sports, where the students are given an opportunity to compete against other schools in friendlies, as well as district, county and national competitions.

Nemo sibi nascitur:

Our values of community, aspiration and opportunity enable every individual to grow and flourish

We have a dedicated software system designed to provide information on our extra-curricular programme for parents/carers. We have a published fixture list that is available on our dedicated Sport website <https://sports.parmiters.herts.sch.uk/> and a link is also available on the school website. Please save this website link for easy access. The fixture list is subject to change and there will also be additional fixtures added. Using the Sport website will also allow you to see information relating to particular competitions, including venues, timings and who has been selected. The website has the facility to sync a selection of teams/sports to your calendar and provide notifications on newly arranged fixtures.

Teams will be selected and the team sheets placed on the windows of our Sports Centre entrance, as well as on the website. Each team sheet will have the relevant information required, such as the date, venue, meet time and start time. This information will be communicated to you via your child, but you can now also access it from home if necessary. If your child requires further information, they should ask a member of the PE department who will be happy to help.

Students who have been selected are expected to play in the relevant match. On the occasion that your child is unavailable to play, they should personally tell the member of staff who is managing the team. It is not acceptable to tell the Captain or to simply not turn up.

Team sheets will be put up at the earliest convenient time and students should inform a member of staff if they are unavailable as soon as possible, but at least 48 hours in advance. We must stress that if a student is unavailable to play, we will recruit another student in their place and this could affect their selection for future matches.

For all away matches, transport to and from Parmiter's will be provided via our minibuses. Estimated return time will be communicated where possible.

Matches all begin at different times. We endeavour to keep matches to after school, but on some occasions matches may begin during the afternoon as the light begins to fade. Boys will play the majority of their rugby and football matches on a Saturday morning, with kick-off at 9.30am.

There will be no formal letters sent home and parental consent is not required in writing. It is expected that students communicate the details to their parents/carers and seek clarification on anything further.

It is an honour and a privilege to represent Parmiter's at sport and continue our long tradition of success at the school. Should a student fail to meet our expectations of behaviour, respect and organisation, their place on our teams may be re-considered.

Inter-House Competitions

Students will also have the opportunity to represent their House in a range of activities throughout the year. Whilst there is no formal calendar for this, students will be given notice of these events. These are not compulsory but we do recommend that students take part whenever possible.

Updates on fixtures and departmental news are broadcast through a number of channels, including our department Twitter page @ParmitersPEDept and departmental website link [here](#). Whilst we endeavour to keep these updated regularly, we cannot guarantee that a response will be given as a formal channel of communication. Should you wish to seek further advice or guidance, please contact a member of the department via the school telephone number or email admin@parmiters.herts.sch.uk.

Any postponements or re-arranging of fixtures and practices will be communicated to students via the school e-bulletin and on our Sport website, as well as through word of mouth and Twitter.

We hope your child has a very positive year of sport at Parmiter's and should you have any further questions, please do not hesitate to contact me via email (t.clark@parmiters.herts.sch.uk) or by telephone (01923 671424).

We look forward to seeing you supporting our teams over the coming year.

Yours sincerely



Mr T Clark
Director of Sport