




Week beginning 29.4.24

## Monday Soup

Sweet potato and lime  
(VG,DF,GF,C,SO)

## Mains

### Beef keema pie

Indian spiced ground beef and  
vegetables topped with creamy  
mashed potato  
 (C,SO,MU)

### Mushroom stroganoff

Mushrooms, peppers and onions  
in a paprika rich creamy sauce  
served over rice  
(V,G,M,SO)

New potatoes  
Broccoli  
Sweetcorn

## Dessert

Apple crumble  
(VG,G)

## Tuesday Soup

Tomato, red lentil and chilli  
(VG,DF,GF,C,SO)

## Mains

### Vegetable cannelloni

Vegetable filled tubes of cannelloni  
cooked in tomato and cheese  
sauces  
(V,C,G,M,SO)

### Spring pork stew

Diced pork, vegetable and  
tomato stew  
(C,SO)

Mashed potatoes  
Leeks  
Squash

## Dessert


Flapjacks  
(VG,G)

## Wednesday Soup

Carrot and coriander  
(VG,DF,GF,C,SO)

## Mains

### Roast chicken

Golden roasted leg of chicken  
served with pan juice gravy  


### Vegetable filo pie

Roasted Mediterranean  
vegetables topped with crispy filo  
pastry  
(VG,C,SO)

Roast potatoes  
Cabbage  
Carrots

## Dessert

Chocolate sponge with chocolate  
custard  
(V,G,E,M)

## Thursday Soup

Minestrone  
(VG,DF,G,C,SO)

## Mains

### Vegetable casserole

Root vegetable casserole in rich  
gravy  
(VG,GF,C,SO)

### Sausage plait

Pork sausage meat baked in puff  
pastry and served with onion  
gravy  
(G,E,SO)

Parmentier potatoes  
Kale  
Cauliflower

## Dessert

Lemon sponge  
(V,G,E,M)

## Fishy Friday Soup

Curried vegetable  
(VG,DF,G,MU,C,SO)

## Mains

### Battered fish

Freshly fried fillet of battered  
white fish  
(G,SO,F)

### Vegetable lasagne

Layers of vegetable ragu and  
pasta topped with mature  
cheddar cheese sauce  
(V,G,M,SO)

Chips  
Mushy peas  
Beans

## Dessert

Fruit cake  
(V,G,E,M)