



Week beginning 6.5.24

Bank Holiday

Tuesday
Soup

Tomato
(VG,DF,GF,C,SO)

Mains
Vegetable curry
Served with boiled rice
(VG,MU,SO)

Bangers and mash
Served with onion gravy
(G,SO,SD,C)

Cabbage
Squash

Dessert
Jam sponge
(V,G,E,M)

Wednesday
Soup

Leek and potato
(VG,DF,GF,C,SO)

Mains
Roast Gammon
With a sticky honey glaze

**Homemade cheese and
onion quiche**
(V,G,E,M,SO)

Roast potatoes
Broccoli
Carrots

Dessert
Apple crumble
(V,G,M)

Thursday
Soup

Carrot and coriander
(VG,DF,G,C,SO)

Mains
Vegetable bolognaise
Served over short spaghetti
(VG,G,SO)

Cornish pasty
Served with rich gravy
(G,M,SO)

New potatoes
Leeks
Cauliflower

Dessert
Flapjacks
(VG,G)

Fishy Friday
Soup

Vegetable
(VG,DF,G,C,SO)

Mains
Battered fish
Freshly fried fillet of battered
white fish
(G,SO,F)

Mushroom chow mein
(V,G,SO,SE)

Chips
Peas
Beans

Dessert
Chocolate sponge
(V,G,E,M)

C-Celery, G-Gluten, CR-Crustaceans, E-eggs, F-Fish, L-Lupin, M-Milk, MO-Molluscs, MU-Mustard, TN-tree nuts, P-Peanuts, SE-Sesame seeds, SO-Soya beans, SD-Sulphur Dioxide/Sulphites
V-Vegetarian, VG-vegan, DF- dairy free, GF-gluten free