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Provision Locally



# DSPL 9

## Emotionally Based School Anxiety Coffee Morning



DSPL 9 are pleased to be able to offer a face to face session for parents and carers of children and young people who are experiencing EBSA (emotionally based school anxiety/avoidance).

The event will be run by DSPL 9 with a Family Support Worker and Nessie Therapist available to offer support and guidance.

Dates for 2025-26:

**Monday 2<sup>nd</sup> February 2026**

**Monday 11<sup>th</sup> May 2026**

Time: 10.00am-11.30am

Venue: ASDA Community Room 3,  
St Albans Rd, Watford WD24 7RT

Please let us know you will be attending by booking using [this link](#) or contact [admin@dsplarea9.org.uk](mailto:admin@dsplarea9.org.uk) for further information.