

Parmiter's Lunch Menu - 11/5/26



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Beef stew Vegetable cobbler	Vegetable jalfrezi Chicken lasagne	Pork and not cider casserole Mushroom stroganoff	Beef curry Cheese and onion quiche	Battered pollock Vegetable burrito
HOT GRAB & GO	Creamy chicken slice Vegetable samosa	Mac and cheese Steak bake	Cornish pasty Cheese and onion slice	Spring roll BBQ chicken drumstick	Lamb samosa Cheese and tomato stromboli
PREPARED SALADS	Hoisin noodle salad Chefs salad	Hoisin noodle salad Chefs salad	Hoisin noodle salad Chefs salad	Hoisin noodle salad Chefs salad	Hoisin noodle salad Chefs salad
BAKED DESSERT	Apple and cinnamon crumble	Lemon sponge	Flapjacks	Chocolate cake	Peach sponge
SOUP OF THE DAY	Carrot and coriander	Cauliflower and cheddar	Pea and mint	Minestrone	Vegetable

Allergen information is displayed at the point of service

Available every day

Pasta & Noodle Bar
Selection of sandwiches & paninis
Jacket potatoes with hot fillings

Fresh baked Focaccia rolls
Fruit pots & cold desserts
Fresh fruit

