

Support for Bereaved Children, Young People and families in Three Rivers, Hertfordshire

Signpost

www.signpostcounselling.co.uk

Tel: 01923 239495



Signpost offers a variety of support services, including 1-1 counselling, either face to face (in Watford) or online, across South and West Hertfordshire, for children and young people between the ages of 13-18.

Rennie Grove Peace

<https://renniegrovepeace.org/>

Bereavement Support for children and families:

01923 606 030

Email: coordinationcentre@renniegrovepeace.org



Rennie Grove provide patient-centred palliative care and bereavement support for all those who need it in Buckinghamshire and Hertfordshire. They offer a range of different types of support and initiatives.

Rennie Grove's 'Compassionate Cafés' are drop-in sessions in a local venue or with a local partner providing a space for members of our community who have been affected by any type of loss and would like to come along for a friendly chat and a chance to meet others over a cup of tea. Their drop-in compassionate cafes are available all over Hertfordshire, including Croxley Green, Watford and South Oxhey. Please contact their compassionate community team on phone **01923 330 330** or via their webpage for more info:

<https://renniegrovepeace.org/our-care-and-support/information-about-our-services/compassionate-cafes-bereavement-support/>



Cruse

<https://www.cruse.org.uk/>

Helpline 0808 808 1677

Cruse Bereavement
Support

Helpline run by trained bereavement volunteers, who offer emotional support to anyone affected by grief. Cruse offer bereavement support, information and campaigning.

Hope Again

www.hopeagain.org.uk

Email: hopeagain@cruse.org.uk

Helpline: 0808 808 1677

hopeagain
young people
living after loss

Hope Again is the youth website of Cruse Bereavement Care, offering a safe, youth friendly space where young people can work through their grief in their own time and own way accompanied by a trained and experienced volunteer.

Grief Encounter

www.griefencounter.org.uk

Office: 020 8371 8455

Helpline: 0808 802 0111

**gr'ef
encounter**
supporting bereaved children & young people

Grief Encounter support bereaved children and their families, offering a personalised service to suit the needs of individuals. They also run "Griefftalk" a free confidential helpline, instant messaging and email service which is available from 9.00am-9.00pm five days a week.

Winston's Wish

www.winstonswish.org

Email: info@winstonswish.org.uk

General enquiries: 01242 515157

Helpline: 0808 802 0021

**WINSTON'S
WISH** **WV**
Giving hope to grieving children

Winston's Wish helps bereaved children and young people rebuild their lives after a family death. They offer practical and emotional support to families and to anyone concerned about a grieving child.

Rainbow Trust Children's Charity

<https://www.rainbowtrust.org.uk/>

General enquires: 01372363438

Email: enquiries@rainbowtrust.org.uk



Rainbow Trust Children's Charity provides emotional and practical support to families who have a child with a life threatening or terminal illness.

OLLIE Foundation

<https://theolliefoundation.org/>

General enquires: 07715 311891

Email contactus@theolliefoundation.org



Ollie Foundation is a suicide prevention and wellbeing charity. They support families who have lost their children to suicide. They offer advice, guidance, information, resources, training and signposting.

Child Bereavement UK

www.childbereavement.org

Helpline: 0800 028 8840



Child Bereavement UK supports families when a baby or child of any age dies or when a child is experiencing bereavement. They offer a range of support services as well as useful information, resources, and publications.

Childhood Bereavement Network

www.childhoodbereavementnetwork.org.uk

Email: cbn@ncb.org.uk



The Childhood Bereavement Network is the hub for those working with bereaved children, young people and their families across the UK. They offer information and advice for young people, parents and carers as well as professional organisations.

Childline

www.childline.org.uk

Helpline: 0800 1111



Childline offers a free confidential 24 hours a day, seven days a week, listening service where children can talk to others about their feelings or concerns. No problem is too big or too small.

The Mix

www.themix.org.uk

Helpline: 0808 808 4994



The Mix is a support service for young people under the age of 25. They offer free, confidential support via online, social or mobile platforms on a wide range of issues affecting young people, including bereavement.

At a Loss

<https://www.ataloss.org/>

At a Loss are the UK's signposting website for anyone bereaved and those supporting them. You can talk to a bereavement counsellor by clicking on the link: <https://www.ataloss.org/live-chat>



Bereavement Advice Centre

<https://www.bereavementadvice.org/>



Offers practical help and advice on what people need to do after a death.