

# Parmiter's Lunch Menu - 18/5/26



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b>	Bangers and mash Vegetable chilli	Vegetable lasagne Chilli con carne	Cajun roast chicken Cheese and potato pie	Sweet and sour cauliflower with pineapple rice Spaghetti bolognaise	Battered pollock Red lentil dhal
<b>HOT GRAB &amp; GO</b>	Steak bake Spring roll	Vegetable samosa Hoisin chicken drumsticks	Lamb samosa Cheese and onion slice	Vegetable pasty Southern chicken burger	Creamy chicken slice Quorn hotdog
<b>PREPARED SALADS</b>	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad
<b>BAKED DESSERT</b>	Jam sponge	Apple and berry crumble	Flapjacks	Banana and chocolate chip cake	Ice lolly

Allergen information is displayed at the point of service

Available every day

Pasta & Noodle Bar  
Selection of sandwiches & paninis  
Jacket potatoes with hot fillings

Fresh baked Focaccia rolls  
Fruit pots & cold desserts  
Fresh fruit

