

10 June 2026

Dear Parents and Carers

Working in Partnership with AI

As Artificial Intelligence (AI) continues to evolve and become increasingly present in our children's lives, homework and conversations, Parmiter's School is committed to ensuring that this technology serves as a tool for empowerment rather than a barrier to learning. The most successful outcomes for our students will occur when the school, parents and carers work in close partnership to foster AI literacy and ethical habits, which will ensure that our students are future-ready and ethical users of this technology.

The school's role is to provide a safe, regulated framework for AI use. We maintain a Register of AI Digital Tools to ensure all platforms used in lessons are age-appropriate and data secure. Our teachers and staff are regularly trained and committed to briefing students on ethical use when AI is used in learning, focusing on purposeful creation and problem solving.

These are our "AI Red Lines" which are the rules for AI acceptable use that the school community is expected to follow.:

- **Approved Tools Only:** Students may only use AI tools approved by the school, i.e. Google products, in the first instance.
- **School Accounts:** AI platforms must only be accessed using the student's **school email or school Google Account login**.
- **Data Privacy:** Students must **never enter personal or sensitive data** (such as names, addresses or private thoughts) into AI tools.
- **Academic Integrity:** Any unattributed use of AI generated text or imagery is classified as **plagiarism**. While AI can support preparation, it must never substitute for final assessed work or coursework.
- **Conduct:** AI must not be used to generate content that impersonates, bullies or harasses others, nor can it be used to create explicit or offensive material.

As parents and carers, you are the teachers of digital behaviour at home. By modelling healthy digital habits, such as maintaining tech free evenings or showing how you critically evaluate information, you help your child build a foundation of wellbeing and safety, and back up the messaging students receive from school.

To help support your child, we suggest the following approach at home:

- **The "Thinking Partner" Rule:** Encourage your child to use AI for brainstorming or iterating ideas, rather than simply generating an output. Relying on AI to write complete tasks can lead to "cognitive offloading", which impairs memory and neural connectivity.
- **Protecting Privacy:** Teach your child that anything typed into an AI should be treated as "public". They must **never input personal data** such as names, school locations or private thoughts into unauthorised chatbots.

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- **Maintaining Assessment Integrity:** All work submitted to the school must be the student's own. If AI is used during the preparatory stages, it **must be acknowledged transparently**, noting the tool used and the purpose of the interaction. Unattributed AI content is classified as plagiarism.
- **Critical Thinking:** Encourage your child to question AI outputs. Ask them: *"Who created this information?"* and *"Is this factually accurate?"*
- **Weekly Family Tech Check-ins** to maintain an open dialogue about digital life. These conversations can prevent digital breakdowns and help you stay connected to your child's experience. During these check-ins, you might ask:
 - **What's working well** with the tools you are using?
 - **What's not working**, or what feels confusing?
 - **What support do we need** from each other?

In addition, we recommend adopting age-appropriate boundaries to help children navigate this technology safely:

- **For Years 7 and 8:** Think about using shared accounts and ensure an adult is nearby when they use AI tools.
- **For Years 9 to 11:** Focus on "co-creating" rules rather than imposing them. Weekly Family Tech Check-ins, as stated above, can be a helpful way to discuss what is working and what support is needed.
- **Digital Hierarchy of Needs:** Prioritise wellbeing and safety first. Ensure your child has a secure foundation of values and boundaries.

You do not need to be an expert in AI to support your child; you only need to be **curious, intentional and connected**. We will continue to provide information and training as it becomes available to help all members of our community feel confident in this new landscape, so do look out for further communications and events we will be hosting for parents and carers.

In the meantime, you might find the following websites of use when navigating AI at home with your child:

- [A Parent's Guide to AI - Internet Matters](#)
- [Parenting in the AI Age - UNICEF](#)

Thank you for your ongoing support in helping our students use AI responsibly, ethically and creatively.

Yours sincerely



Mr Baker

Deputy Headteacher