

11 June 2026

Dear Parents and Carers

Year 7 Rootd Team Building Adventure - Wednesday 23 to Friday 25 September 2026

We are delighted to welcome your child to Parmiter's School. One of the first key events on our Year 7 calendar is the Team Building Adventure, which takes place during the Autumn term. This short residential trip allows your child to make friendships across the year group, connect with nature, enhance self-confidence, independence and resilience. Experience shows that this opportunity for your child to participate and collaborate in a team environment has far reaching benefits that positively impact their start at secondary school.

The trip details are as follows:

Dates: Wednesday 23 to Friday 25 September 2026
Venue: Rootd Adventure, Phasels Wood Activity Centre, Kings Langley, WD4 9NA
Cost: **£160** per student (includes coach travel, accommodation, meals and activities)

Students will be split into two groups as follows:

- ❖ Group 1 - Wednesday 23 to Thursday 24 September (one overnight stay)
- ❖ Group 2 - Thursday 24 to Friday 25 September (one overnight stay)

During their stay, students will be enjoying a varied timetable of bushcraft orientated activities, challenging them both individually and in small groups. These activities will be held on the Rootd site and supervised by Rootd Team Leaders. Students will be kept busy from early in the morning until bedtime. The precise itinerary will be decided nearer the time.

To ensure everyone has a safe and enjoyable experience, we want to share a few important details about the sleeping arrangements and expectations:

- Students will be sleeping outside in tented accommodation in their own private camp within a secure woodland location. This is a true outdoor experience, which will lack the comforts of home and means they will be sharing their environment with nature's locals - including insects. We will ensure all tent zips are kept closed and the campsite is secure, but we ask that you help us prepare your child for the reality of camp life by having a quick chat at home about how bugs are just a normal part of the great outdoors.
- One of the main goals of this trip is fostering self-reliance. Students will be expected to settle themselves to sleep without adult intervention. Staff will, of course, be nearby and readily available for any emergencies, illness, or safety concerns.

We would like to take this opportunity to stress that it is not necessary to purchase new clothing or kit for this trip and we suggest students pack old clothing that they are happy to get dirty during the planned activities. Students should wear footwear that is appropriate for outdoor activities.

This visit is not essential to the Year 7 curriculum, but is a valued part of our induction programme at Parmiter's School and we hope you will agree to your child taking part.

Headteacher: Mr A Smith NPQH, MPhil (Cantab), FCCT, FRSA

High Elms Lane, Garston, Herts WD25 0UU

admin@parmiters.herts.sch.uk | www.parmiters.herts.sch.uk | 01923 671424 | Thomas Parmiter Sports Centre 01923 682805

For planning to proceed, we need to ensure that we have sufficient interest or the visit cannot go ahead. Places are limited to **160** students and will be offered on a **first come, first served basis** at the point of payment. WisePay will no longer take payments once all the places have been filled and, if your child is unsuccessful in securing a place, they will be added to the waiting list. Those students who do not wish to take part will be expected in school to attend lessons as normal.

If your child would like to take part in this trip, please make your payment of **£160** via [WisePay](#) (under Trips & Visits) and **also complete this [Medical Form](#)**, **even if your child is on the waiting list, by no later than Friday 10 July 2026**. We will not be able to add students after this date.

If your child is in receipt of Pupil Premium funding, and so that appropriate measures can be put in place, please email finance@parmiters.herts.sch.uk in the first instance and then contact your child's primary school and ask them to email confirmation to the Finance Office.

By paying, you are consenting to your child attending the above school trip. Please ensure the school is fully aware of any medical concerns you may have, under separate cover. Please note: parents must provide all in date medication for their child, for example, Epipens, antihistamines and asthma inhalers, for the trip. Students must have their medication with them at all times, if needed.

May we take this opportunity to reiterate that this payment fully commits your child to the trip and no refunds will be given if your child pulls out, except as a direct and necessary result of any cause outside of the student's control (for example, if required to self-isolate in line with government guidance or serious illness/injury for which medical documentation will need to be provided). If your child subsequently decides not to take part in the visit, you will lose all monies paid unless a replacement student takes up the place from a waiting list.

As places are limited, only those students whose **school work, conduct and behaviour** are of the highest standard will be taken on this trip. The Headteacher reserves the right to withdraw any student at any stage from the visit, where he considers that the safety or benefit of this experience could be spoiled by an individual student's presence.

If you have any questions about this trip, please email Year7@parmiters.herts.sch.uk. Further information can be found using the links below:

Website: www.rootd-adventure.com
[Rootd Parent Information](#)
[Rootd Kit List](#)

Yours sincerely



Mrs D Mullett
Head of Year 7