

June 2026

Dear Parents and Carers,

Welcome to our school community! We are absolutely delighted that your child will be joining the Parmiter's family this September as they begin their Year 7 journey. Transitioning to secondary school is a milestone moment filled with excitement, new opportunities, and understandably, a few natural nerves.

My name is Ms Absalom, and I am Assistant Headteacher with pastoral responsibility for Inclusion. My core aim is to ensure that every single student entering our school feels safe, deeply supported, and fully included in every aspect of school life. My oversight covers a wide range of areas, including: Mental Health and Emotional Wellbeing, Young Carers, and supporting students facing any other vulnerabilities or life challenges. We look at every child as an individual, and we work hard to remove any barriers that might stand in the way of their happiness or success.

To help us prepare for September, we are reaching out to gather key information so we can have the right support in place from day one. In particular, we want to ensure we are identifying and supporting our Young Carers.

What is a Young Carer?

A Young Carer is a child or young person under the age of 18 who provides regular or ongoing care, assistance, or emotional support to another family member. This is most often a parent, sibling, or relative who has:

- A physical disability or long-term illness
- A mental health condition
- A learning disability
- An issue with substance misuse (alcohol or drugs)

Young Carers often take on responsibilities that would normally be expected of an adult, such as cooking, cleaning, managing medicines, or providing emotional support and companionship.

As these responsibilities can sometimes impact a student's school life, homework, or emotional wellbeing, we can offer tailored support such as an emotionally-available adult or a safe space. If your child is a Young Carer - or if their caring role changes at any point in the future - please let us know by completing our online form [here](#).

Other Support Needs

We also want to ensure we are fully aware of any other vulnerabilities or circumstances that might affect your child's transition to Year 7. This could include recent family bereavements, significant changes at home, financial difficulties, ongoing mental health or anxiety support, or any other specific needs you feel the school should know about. Please note that I am **not** asking for any SEND information, as this will have already been shared by your child's current school.

If there is any information of this nature you would like to share with me directly and confidentially, please do not hesitate to contact me via email at g.absalom@parmiters.herts.sch.uk

We firmly believe that a successful school experience is built on a strong partnership between home and school. Please rest assured that any information you share will be treated with the utmost sensitivity and will only be used to ensure your child has the best possible start to their secondary school life.

Thank you for your time and partnership.

Warm regards,

A handwritten signature in black ink, appearing to be 'G. Absalom', written in a cursive style.

Ms Absalom
Assistant Headteacher