

Parmiter's Lunch Menu - 29/6/26



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Cottage pie White bean chilli	Spanish chickpea and vegetable stew Cheese burger mac and cheese	Pork casserole Vegetable carneloni	Vegetarian spaghetti bolognaise Chicken curry	Fish cakes Vegetable tagine
HOT GRAB & GO	Steak bake Vegetable spring roll	Cheese and onion slice BBQ chicken drumsticks	Chicken samosa Vegetable burger	Nacho's Beef burger	Creamy chicken slice Vegetable samosa
PREPARED SALADS	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad
BAKED DESSERT	Apple crumble	Pineapple upside down cake	Jam sponge	Chocolate brownie	Ice lolly

Allergen information is displayed at the point of service

Available every day:

Pasta & Noodle Bar
Selection of sandwiches & paninis
Jacket potatoes with hot fillings

Fresh baked Focaccia rolls
Fruit pots & cold desserts
Fresh fruit

