



PARMITER'S SCHOOL SKI TRIP

La Molina, Spain

13 -20 February 2027



October 2026

Dear Parents and Carers

With regard to the forthcoming ski trip, we require a certain amount of information to be provided to both the school and directly to the tour operator, InspireSki, in preparation for our tour.

Please follow the link below and answer all questions carefully, especially those concerning medical and dietary requirements. Please note that you will require a picture or scan of your child's passport photo page to upload.

Link to Ski Trip Student Information Form:

<https://forms.gle/MQjZAYnBxw4rjE3e6>

More detailed notes on some of the information required and the attached size conversion tables for assistance (all measurements need to be given in metric sizes) can be found below.

A Parents' Information Evening has been arranged for **Thursday 19 November 2026** at **6.00pm** in the **School Hall**, please put this date in your diary. It is a good idea to attend with your child, even if they have been on one of these trips before.

The final payment of **£270** was due by **Wednesday 30 September 2026** and all outstanding payments for the trip should now have been made via [Wisepay](#) (under 'Trips & Visits'). However, please contact the school Finance department if you are having any problems with payment.

Any student who has their own skis, boots and/or helmet should provide these details in the 'additional information' field at the end of the Student Information Form.

Guidance on information required:

Passport expiry date: Please ensure your child's passport is valid for at least 3 months after the return date of the ski trip, otherwise they may be refused entry to the EU.

Height in centimetres: This is particularly important for beginners, as it will dictate the length of skis (to make things easier, see the conversion table attached).

Head circumference in centimetres: Measured around the temple. Helmets are compulsory for all students.

Weight in kilograms: This is important, as it relates to the bindings on the skis. If bindings are set incorrectly, injuries will occur. See the conversion table attached.

Ski Ability: Novice - has never skied before.
Beginner - has done some skiing at Hemel Snow Centre (or similar).
Intermediate - can comfortably go down a blue run or an easy red.
Expert - can confidently ski any run up to and including black.

Do not overestimate your child's ability, honesty is extremely important to ensure safety. Ski lessons are being arranged at the Snow Centre in Hemel Hempstead after Christmas for beginner skiers; these are not essential but do help when you start skiing on real snow at the resort and help to accelerate progress. A letter with further information about how to book these beginner lessons will be sent to parents/carers within the next week.

Medical Information: Please list all specific medical requirements your child may have (no matter how trivial you think it may be) and any medication that your child will need to take. Please inform us if there are changes to these details at any stage prior to travel.

Dietary Requirements: Please state whether your child has any dietary requirements or specific food allergies. Please do not list what your child likes/dislikes!

All of this information is required as soon as possible and by **Friday 30 October 2026**, at the latest. If you have any queries in this regard, please email b.cummings@parmiters.herts.sch.uk or call 01923 671424.

Yours sincerely



Mr B Cummings
Ski Trip Organiser

Ski Measurement Conversion Tables

Shoe Sizes											
British	3	4	5	6	7	8	9	10	11	12	13
European	36	37	38	39	41	42	43	44	46	47	48

Weights											
Stone	5	6	7	8	9	10	11	12	13	14	15
kg	32	38	44	51	57	63	70	76	83	89	95

1 Stone = 6.35kg

1 Pound = 0.45kg

Heights											
Feet	4'9	4'10	4'11	5'0	5'1	5'2	5'3	5'4	5'5	5'6	5'7
cm	145	147	150	152	155	158	160	163	165	168	170
Feet	5'8	5'9	5'10	5'11	6'0	6'1	6'2	6'3	6'4	6'5	6'6
cm	173	175	178	180	183	185	188	190	193	196	198

1 inch = 2.54cm

1 foot = 30.48cm