

15 October 2026

Dear Parents and Carers

**Year 10D Food Preparation and Nutrition Visit to West Herts College
Tuesday 17 November 2026**

We have been given the opportunity to take our Food Preparation and Nutrition students to West Herts College on Tuesday 17 November 2026. The chefs at the college will be teaching our students some high-level skills, giving them much needed knowledge in preparation for next year. Our students will experience working in a fully equipped, professional kitchen during this practical session and they will make their own food. The college will provide all the ingredients needed.

Students will need to wear full, smart school uniform. We will travel via school minibus, leaving Parmiter's at 10.55am and returning at 1.20pm. Students will attend their usual lessons whilst in school (Periods 1, 2 and 5). Students may wish to bring a packed lunch on the day, in case we are late returning due to traffic.

There is no charge for this trip, but please complete and submit the [consent form](#) by no later than **Monday 2 November 2026**

Thank you for your continued support.

Yours sincerely

L Southernwood

Miss L Southernwood
Head of Food Preparation and Nutrition