4 November 2026

Dear Parents and Carers

Year 7 Peer Mentoring Programme– commencing Monday 9 November 2026

As our Year 7 students continue to settle into life at Parmiter's, we are delighted to invite your child to participate in our highly successful Year 7 Peer Mentoring Programme.

Starting secondary school is an exciting milestone and having an older student to talk to can make a wonderful difference. For several years, this programme has offered Year 7 students a positive, supportive space to chat about everyday school life; from getting organised and managing homework to building new friendships at clubs and navigating the school day.

How the Programme Works:

- **One-to-One Support:** Your child will be paired with a dedicated Year 9 student mentor.
- **Weekly Catch-Ups:** They will meet once a week for 20 minutes during morning registration over a 6-week period, starting Monday 9 November 2026.
- **Trained & Experienced Mentors:** All Year 9 mentors complete formal training before taking part. Many were mentees themselves in Year 7, giving them firsthand insight into making a smooth and confident transition into Parmiter's.

Previous participants consistently share how much they enjoy having a friendly, older student to guide them, offer encouragement and share practical advice. We hope this experience will boost your child's confidence, foster a strong sense of belonging, and help them thrive throughout Year 7 and beyond.

We will assume you are happy for your child to participate, unless you let us know otherwise by emailing Year7@parmiters.herts.sch.uk. If you have any questions, please feel free to reach out.

Yours sincerely



Mrs S Dormer
Peer Mentoring Co-ordinator & Deputy Head of Year 7