Parmiter's Lunch Menu - 16/11/26

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Lancashire sausage hotpot Garden pizza	Lentil bolognaise Beef enchilada	Roast gammon Vegetable curry	Vegetable mousakka Cuban mojo chicken	Battered pollock Plant based Jamican pattie
HOT GRAB & GO	Chicken tikka slice Vegetable bolognaise	Cheese and onion slice Souvlaki style chicken drumsticks	Pork, fennel and parmesan bolognaise Vegetable spring roll	Root vegetable stew with new potato Cornish pasty	Beef chilli Vegetable samosa
PREPARED SALADS	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad	Pesto pasta salad Chefs salad
BAKED DESSERT	Apple and pear crumble	Jam sponge	Flapjacks	Chocolate cake	Fruit cake
SOUP OF THE DAY	Tomato	Creamy parsnip and apple	Vegetable and lentil	Chunky mushroom	Vegetable mulligatawny

Allergen information is displayed at the point of service

Available every day

- Pasta & Noodle Bar
- Selection of sandwiches & paninis
- Jacket potatos with hot fillings
- Fresh baked Focaccia rolls
- Fruit pots & cold desserts
- Fresh fruit



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