



PARMITER'S SCHOOL SKI TRIP

Marilleva, Italy
15th-22nd February 2020



October 2019

Dear Parent/Carer

With regard to the forthcoming ski trip, I require a certain amount of information to send to the travel company, Halsbury Ski, in preparation for the tour.

Please follow the link below and answer all questions carefully, especially those concerning medical and dietary requirements. Please note that you will require a picture or scan of your child's passport photo page to upload. See below for more detailed notes on some of the information required, and the attached size conversion tables for assistance (all measurements need to be given in European/Metric sizes).

Link to Ski Trip Student Information Form:

<https://forms.gle/CRkqmzhR443YdZMx6>

I would also like to inform you that the Parents' Information Evening is arranged for **Tuesday 12th November 2019 at 7.00pm in the School Hall**, please put this date in your diary. It is a good idea to attend with your child, even if s/he has been on one of these trips before.

The final payment of £120 is due by Friday 25th October 2019. All outstanding payments for the trip should be made by this date, however, if there is any problem with this please contact the school Finance Department. Payments can be made via **Wisepay** (under Trips & Visits) or by cheque (made payable to Parmiter's School). Please write your child's **NAME, FORM** and '**Ski Trip 2020**' on the back of the cheque and return your payment to the Finance Box by no later than **Friday 25th October 2019**.

Any student who has their own skis, boots and/or helmet should let me know by providing details in the 'additional information' field at the end of the Student Information Form.

Guidance on information required:

Height in centimetres: This is particularly important for beginners as it will dictate the length of skis (to make things easier). See the conversion table attached.

Shoe Size: European size, any students who require boots in sizes above a UK 13 must contact me at school. See the conversion table attached.

Head circumference in centimetres: Measured around the temple. Helmets are compulsory for all students.

Weight in kilograms: This is important as it relates to the bindings on the skis. If bindings are set incorrectly, injuries will occur. See the conversion table attached.

Ski Ability:

- B = Beginner, complete novice or some indoor slope experience, but no time on real snow
- L = Lower Intermediate, controlled snow plough turns, < 3 weeks on snow
- I = Intermediate, 3-5 weeks on snow, can do red runs confidently
- U = Upper Intermediate, 5-10 weeks on snow, parallel turns and can do most runs confidently
- E = Expert skier, more than 10 weeks on snow

Do not overestimate your child's ability, honesty is extremely important to ensure safety. Ski lessons will be arranged at the Snow Centre in Hemel Hempstead later this term for beginner skiers; these are not essential but do help when you start skiing on real snow in the resort and help to accelerate progress.

Medical Information: Please list all specific medical requirements your child may have (no matter how trivial you think it may be) and any medication that your child will need to take. Please inform me if there are changes to these details at any stage prior to travel.

Dietary Requirements: Please state whether your child has any dietary requirements or any specific food allergies. Please do not list what your child likes/dislikes!

All of this information is required as soon as possible and by **Friday 8th November 2019** at the latest. The information can only be sent to the travel company once I have the details for the whole group. If you have any queries, please contact me at school (01923 671424) or via email at b.cummings@parmiters.herts.sch.uk.

Yours sincerely



Mr B Cummings
(Ski Trip Organiser)

Ski Measurement Conversion Tables

Shoe Sizes											
British	3	4	5	6	7	8	9	10	11	12	13
European	36	37	38	39	41	42	43	44	46	47	48

Weights											
Stone	5	6	7	8	9	10	11	12	13	14	15
kg	32	38	44	51	57	63	70	76	83	89	95

1 Stone = 6.35kg

1 Pound = 0.45kg

Heights											
Feet	4'9	4'10	4'11	5'0	5'1	5'2	5'3	5'4	5'5	5'6	5'7
cm	145	147	150	152	155	158	160	163	165	168	170
Feet	5'8	5'9	5'10	5'11	6'0	6'1	6'2	6'3	6'4	6'5	6'6
cm	173	175	178	180	183	185	188	190	193	196	198

1 inch = 2.54cm

1 foot = 30.48cm